



## **PRR Committee Meeting Minutes**

**Monday 13<sup>th</sup> April 2026**

**North Inch Community Campus**

**18:30 – 20:30**

**In Attendance:** Clive Bowman, Jo Brinkman, Mark Crawford, Finlay Dale, Maria Dale, Mike Dales, **Paul Hammersley (Chair)**, Caroline Hogarth, Liz Johnston, Diane White, Charles Woodhead

**Apologies:** Jill Garvie, Richard Ward, Tom Rhodes

### **Agenda:**

- 1) Speedy updates
  - Membership and Tuesdays
  - Coaching/Training Sessions
  - Accounts
  - Welfare
  - WpC
  - Race Comm (TT & BB)
  - Clothing
- 2) Meeting place for PRR coaches
- 3) Setting dates for internal events (Duathlon, Target Zero, Bertha Relays)
- 4) Setting up the social media code
- 5) Risk assessment for day-to-day training
- 6) Comms to award winners for the dinner
- 7) AOB

## **Minutes of Previous Meeting – 19<sup>th</sup> January 2026**

### **1) Speedy Updates:**

#### **Membership and Tuesdays (Clive)**

Total membership now sitting at 171 with 5 new members joining in March. The average age of the club is 51.5 years with a gender split of approximately 50/50. There are 3 junior members in the club with some of the younger runners attending Tuesday club runs. Recruitment of younger members however remains challenging.

#### **Accounts (Charlie)**

Gift aid claims for the past 2 years have been completed; the current year is in progress. Accounts are up to date with a current bank balance of just under £11,000; there are no outstanding bills. The Tay Ten is expected to significantly reduce reserves, however the Brig Bash will generate income.

#### **Welfare (Jo)**

No welfare issues reported and all PVG checks have been completed.

#### **Race Committee**

##### **Tay Ten**

Event planning is progressing well with all key elements in place. The recruitment of volunteers remains the main risk, with 62 volunteers currently confirmed, however some may be asked to double up on roles. A clean-up of the route will be completed prior to race day. The estimated surplus after all costs have been accounted for will be around £2,000.

##### **Brig Bash**

Planning for the race has started. A 20mph speed restriction on the long A935 straight has been broadly agreed with PKC Roads for safety, costing an estimated £1-1,500; this may result in an entry fee increase. Increasing the field of runners was discussed as a means to defray these added costs, but the event's scale is limited by the size of the BoE Institute. The use of marquees to increase this capacity was discussed, but the costs of such are prohibitive.

##### **Clothing (Finlay and Maria)**

An order was placed on 6<sup>th</sup> March for more clothing, requested by a small number of members. Ladies' vest stock is low, which will require a re-order (minimum order 11). Men's tee-shirts are on order and a new tee-shirt design has been approved (fewer panels on the back to stitch together) with no cost increase.

#### **Other Items from Last Minutes**

##### **Standards, Club Races and Volunteering**

High participation in club races by club members is reducing volunteer availability. Discussion was held on encouraging volunteering through incentives rather than enforcement. Proposal for an internal, free to members time trial (10 miles or 5 miles) to give club members a chance to chase standards rather than at club races. This could be held at the track or on a road course, proposed for late September and will be discussed further at the AGM. General agreement was however that members should be strongly encouraged to volunteer at club races.

### **GDPR and the Website**

PRR website is not currently secure (http rather than https). Although little data is stored on the website, the committee agreed this must be addressed.

**Action – Paul to speak with Tom regarding website security and GDPR compliance**

### **Parkrun Takeover**

PRR parkrun presence and club promotion were well received. Agreed to make this an annual event with next one proposed for Saturday 27<sup>th</sup> June 2026.

### **Awards Dinner**

Thanks recorded to Clive, Alan and Jill for organising the event.

### **Operation Golfball**

Noted as ongoing and still challenging.

## **2) Tuesday Club Runs – Meeting Point and Coaching**

Alternative meeting locations to Bells was discussed, including Kevin Cuthbert's gym. Coaching capacity was mentioned, which is currently insufficient (3 coaches and 2 assistants). The need for defined summer and winter routes was discussed, which would appear on Spond informing members beforehand. Clear leadership was also required at the start of runs to ensure no runners are left behind. Paul and Liz to continue attending and leading Tuesday sessions.

**Action – Paul and Liz to consider and propose alternative meeting locations and defined routes**

## **3) Internal Events – Dates**

Dates are as follows:

- Target Zero: Thursday 11<sup>th</sup> June
- Duathlon: Wednesday 5<sup>th</sup> August
- Mob Match: Tuesday 18<sup>th</sup> August
- Bertha Relays – Kris Mich to be approached to organise this again

**Action – Paul to speak to Kris about Bertha Relays**

## **4) Social Media Code**

A draft social media code is available in Dropbox. The committee agreed that a formal code is required.

**Action – Committee members to read social media code before next meeting**

## **5) Risk Assessment for Club Training**

No formal risk assessments currently in place for club runs. Scottish Athletics unable to provide a template. Mark however said he has a draft template requiring refinement.

**Action – Paul and Mark to finalise risk assessments for day-to-day training runs**

**6) Communications - Awards**

Need to improve communication with award winners before awards dinner as reported some members were unaware they had won anything.

**7) Lifestyle and Nutrition Talk**

Event agreed for Saturday 20<sup>th</sup> June at Saints Club. Talk will be delivered by Rana, who has her own sports massage/lifestyle business in Perth, with an additional speaker invited. Cost set at £10 per attendee. Possibility of discount to be explored for PRR members visiting Rana's business.

**8) AOB**

Mike to manage tables for HAA series.

**9) DONM**

Monday 29<sup>th</sup> June 2026, 6.30pm, NICC. Usual room booked - ICT 16.