

Perth runners host Brig Bash

Hundreds take part in top five-mile event

Hundreds of runners got on their marks to take part in a major highlight of the Perth running season – the Perth Road Runners' annual Brig Bash open race.

The event – which is now in its 25th year – is a five-mile contest and starts and finishes from the Bridge of Earn Institute, taking in an extended rural loop beyond Kilgraston.

It has become Scotland's leading five-mile race and increasingly attracts Scotland's leading runners.

This year was no exception.

A total of 245 runners left the start in cool but windy conditions.

Leading the runners home comfortably in a time of 23.32 – but just missing out on his

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Perth Road Runners**

course record of last year – was Scotland international Jamie Crowe of Central AC.

Gayle Lindsay of PH Racing also successfully defended her 2023 title as first lady home in 30:08.

PH Racing and Dundee Hawkhill Harriers retained their ladies' and men's team titles respectively.

Two age category records were broken by Fiona Matheson (F60) of Falkirk Victoria Harriers and Tony Martin (M70) of Fife AC.

It was a fine evening for Perth athletes. New PRR recruit, Lucy Ward – running in the colours of Perth Strathguy Harriers – took the Under-20 ladies title in its first year in 36:36, while fellow under-20 PSH, Iain Jordan, finished seventh overall in a lightning 26:12.

PRR Liz Johnston – in amazing form this year – was first 50+ lady to finish in 31:36, while Graeme Parker took the M60 prize in 30:48. Mike Dales from PRR ran his 22nd Brig Bash.

Fifteen Perth Road



Silverware Gayle Lindsay of PH Racing and Jamie Crowe of Central AC with their trophies

Runners competed overall: these are comparatively small numbers owing to the need for club members to organise and marshal the race.

A club spokesman said: "The Brig Bash is only possible with considerable support from beyond the club: Perth parkrun, Kinross Road Runners, Bridge of Earn FC, Dunbarney Primary School and especially Bridge of Earn Institute all made crucial contributions."

"The race sees both major planning and volunteering from over sixty PRR members."

"The understanding and enthusiasm of residents along the course – especially at the start and finish in Bridge of Earn – is also greatly appreciated."

Race planning will now turn to the club's Mob Match – a trail race showdown against nearby rivals, Kinross Road Runners, in mid-August.

PRR have two consecutive defeats to overturn in this fiercely-contested affair.

Want to join the club?

• Perth Road Runners welcomes experienced runners and newcomers alike, meeting on Tuesday evenings at Bells Sports Centre, and on alternate Wednesday and Thursday evenings for track and hill training.

Full details on how to join can be found at: www.perthroadrunners.co.uk.



In the zone Graeme Parker



On the move Liz Johnston