

Championship 2025 - Ladies

posn	runner	PRR age cat	races run (inc marathon)	total points (best SEVEN scheduled races + marathon)	Jack Crawford 10K		Alloa Half Marathon		Monklands Half Marathon		Edinburgh Parkrun		Glenrothes 10K		Stonehaven Half Marathon		Paisley 10K		Auchterarder Half Marathon		Giffordtown 5K		Path of Condie Half Marathon		Marathon		
					Results Link		Results Link		Result Link		Results Link		Results Link		Results Link		Results Link		Results Link		Results Link		Results Link				
					time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time
1	Liz Johnston	F50	9	798			1:34:12	100	1:36:38	100	20:41	100	45:36	100			44:47	100	1:34:52	100	20:20	100	1:39:56	100	3:48:51	Berlin	98
2	Joanne Brinkman	F40	9	793					1:51:15	98	22:49	99	48:20	99	1:51:46	100	47:39	99	1:53:40	98	22:43	99	1:52:26	99	3:38:33	Loch Ness	100
3	Caroline Duffin	F50	8	781	51:49	98			1:57:12	96	24:43	97			1:57:33	99	51:56	98	1:53:00	99	24:16	97			3:58:36	Yorkshire	97
4	Maria Dale	F60	10	774	54:15	96	1:56:27	96	1:53:42	97	25:30	96	52:49	97	1:58:12	98	54:01	96			25:19	95	2:05:39	98	4:02:34	Manchester	96
5	Ann Reed	F60	8	680	52:27	97	1:57:44	95			24:30	98	52:33	98	1:59:08	97	53:31	97	1:57:35	97	24:53	96					
6	Diane White	F50	2	199	46:00	100			1:50:55	99																	
7	Tessa Ward	F50	2	193																	23:19	98			4:03:04	Tokyo	95
8=	Joan Wilson	F60	1	99	48:17	99																					
8=	Lorraine MacPherson	F40	1	99			1:35:54	99																			
8=	Aga Mroczkowska	F40	1	99																					3:46:32	Loch Ness	99
11	Gillian McGuire	F50	1	98			1:48:47	98																			
12	Gillian Smith	SEN	1	97			1:52:56	97																			
13	Michelle Ridgway	F40	1	96									53:35	96													
14	Sharon Warland	F60	1	95									56:57	95													
15=	Lou Ella Cole	F40	1	94																					4:10:45	Limassol	94
15=	Harriet Shaw	SEN	1	94			2:00:20	94																			
17	Sue Jones	F50	1	93			2:06:21	93																			
18	Jill Garvie	F40	1	92			2:08:09	92																			
19	Caroline Hogarth	F50	1	91			2:08:43	91																			

Notes

- age groups are as used by PRR for the Championship - MS, M40, M50, M60, FS, F40, F50, F60 - thus in 10-yr increments and not the 5-yr gaps often used by the races themselves.
- we only award Champs trophies up to M60 and F60 inclusive; runners in older categories see their true category shown in brackets but are eligible only for M60 or F60 silverware.
- age group shown for each athlete is determined by that which applies on date of first race of series - this then applies to the whole series.
- points are awarded on the basis of race finish position and thus on GUN time.
- however, times shown are CHIP time so that runners can use this table to see their true times for the season's races and distances.
- consequently, points awarded may not be in order of time shown.
- total points are amassed from a runner's best SEVEN scores across the 10 prescribed races PLUS a marathon if run (NB: completer medal requires only the seven races or six + marathon; completers are highlighted **YELLOW**).
- race times are coloured (using the key to right) to show the Club Standard achieved by that time.
- Club Standards levels shown are determined by the age of the athlete on the day of the race.
- PNT = points not taken (normally a vest-wearing thing).
- marathon points (in peach shading) shown are provisional and will be finally determined at end of calendar 2023.

DIAMOND
PLATINUM
GOLD
SILVER
BRONZE
GREEN

Championship 2025 - Men

Pos	runner	PRR age cat	races run (inc marathon)	total points (best SEVEN scheduled races + marathon)	Jack Crawford 10K		Alloa Half Marathon		Monklands Half Marathon		Edinburgh Parkrun		Glenrothes 10K		Stonehaven Half Marathon		Paisley 10K		Auchterarder Half Marathon		Giffordtown 5K		Path of Condie Half Marathon		Marathon		
					Results Link		Results Link		Result Link		Results Link		Results Link		Results Link		Results Link		Results Link		Results Link		Results Link				
					time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	where	pts
1	Paul McCormick	SEN	8	797			1:28:58	97			18:29	100	38:43	100	1:27:21	100	38:43	100	1:23:06	100			1:31:00	100	2:58:22	Loch Rannoch	100
2	Liam Fotheringham	SEN	8	792	38:12	99	1:25:19	99					40:30	99	1:34:09	99	39:08	99	1:29:28	98	18:47	100			3:04:03	Malaga	99
3	James Fotheringham	M60	10	783	41:22	97	1:33:03	96	1:32:00	99	19:35	99	42:42	97	1:34:50	98	41:13	98	1:32:54	95			1:38:03	98	3:27:29	Valencia	97
4	Alan Rigby	M50	8	753	46:22	93	1:43:51	94	1:43:02	96	21:46	97	45:17	95	1:48:49	93			1:40:09	93					4:16:46	trattford upon Ave	92
5	Brian Galletty	M60	8	676	44:42	96	1:41:05	95	1:34:07	98	20:17	98	43:21	96	1:36:32	97	45:25	96	1:35:20	94							
6	Gordon Lindsay	M60	7	660	45:59	94			1:46:30	95	22:03	96	45:44	92	1:46:17	94	47:04	94							3:54:01	Chicago	95
7	Finlay Dale	M60	9	652	1:05:26	90	2:30:09	92	2:28:09	93	28:58	93	1:03:30	90	2:34:28	91	1:05:34	91			29:07	96	2:43:56	96			
8	Barry Campbell	M40	8	651	49:00	92	1:59:45	93	1:55:20	94	23:42	95	54:57	91	2:00:06	92	52:12	93	1:58:32	92							
9	Peter Ritchie	M60	7	649	1:11:57	89			2:47:23	92							59:16	92	2:13:34	91	27:21	97	2:32:11	97	5:30:59	Oslo	91
10	Russell Thomson	M60	4	381	45:42	95			1:41:43	97			45:28	94			45:45	95									
11	Nathan Campbell	SEN	3	291									40:58	98	1:37:27	96	41:34	97									
12	Graeme Parker	M60	2	198															1:28:58	99			1:31:19	99			
13	Chris Duffy	M40	2	195	39:55	98													1:31:00	97							
14	Richard Ward	M50	2	193																	20:37	99			4:03:04	Tokyo	94
15	Peter Warland	M60	2	188									45:40	93	1:46:13	95											
16	Marten Kats	M40	2	185	54:34	91					27:12	94															
17=	Michael McConnell	SEN	1	100	34:16	100																					
17=	Duncan Ryan	M50	1	100			1:21:46	100																			
17=	Elliot Collins	SEN	1	100					1:19:23	100																	
20	Stuart Robertson	M50	1	98																					3:05:08	Valencia	98
21=	Peter Will	M50	1	98			1:26:58	98																			
21=	Andy Deans	M50	1	98																	21:26	98					
23=	Michael Wardlaw	M50	1	96																					3:46:28	Malaga	96
23=	John McLagan	M50	1	96															1:32:42	96							
25	Bob Brown	M60	1	95																	30:50	95					
26	Andrew Miller	M40	1	93																					4:16:09	London	93

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