

Perth Road Runners

Established 1985, Affiliated to Scottish Athletics 1986



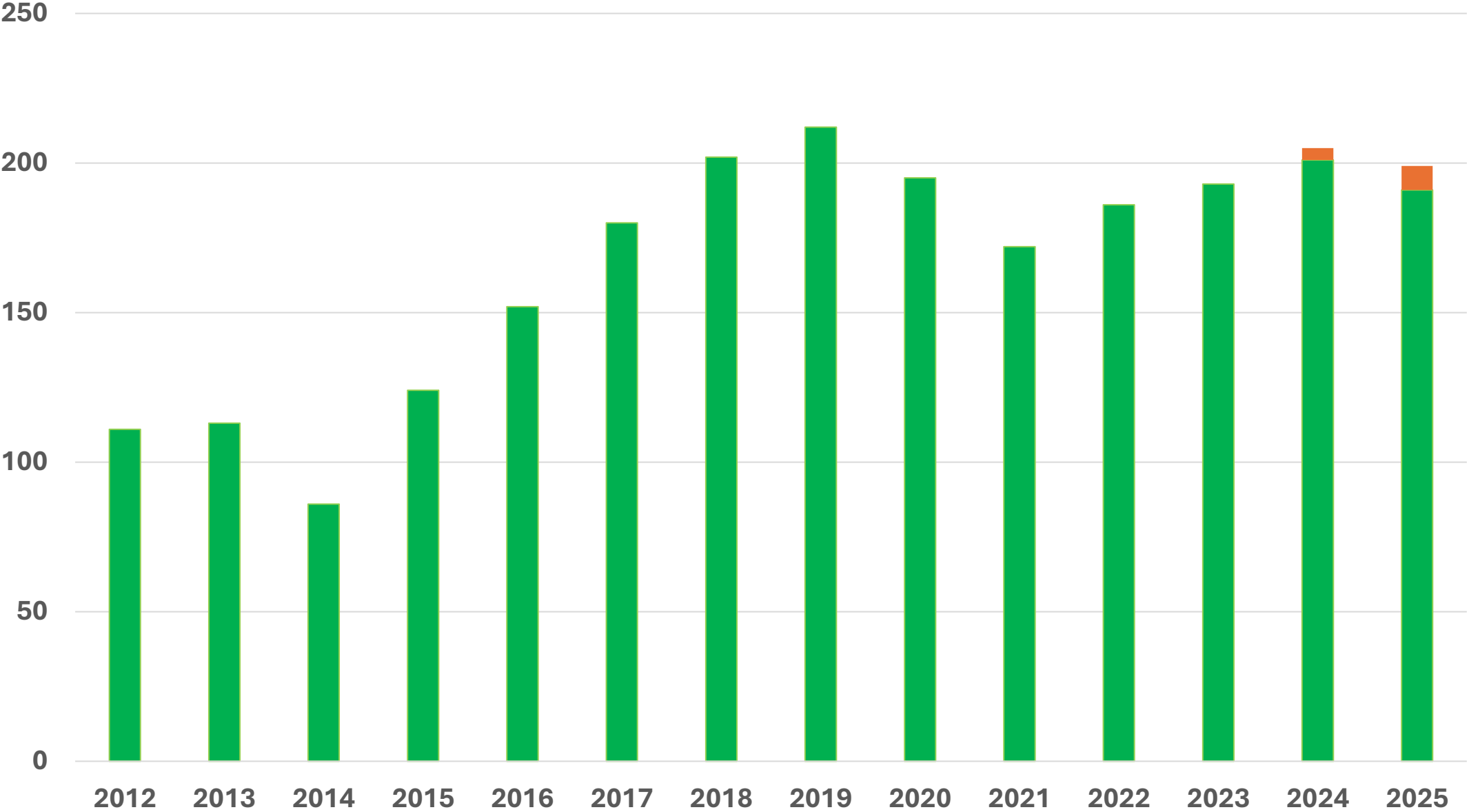
AGM AGENDA

TUESDAY 25th NOVEMBER 2025, 7:00pm start

NORTH INCH COMMUNITY CAMPUS, ASSEMBLY HALL

1. WELCOME AND INTRODUCTIONS
2. APOLOGIES
3. ADOPTION OF AGM MINUTES 2024
4. ANNUAL REPORT 2024-25
5. JEAN WAINWRIGHT SALVER
6. MOST IMPROVED RUNNERS
7. CLUB MEMBER OF THE YEAR
8. LONDON MARATHON BALLOT
9. PROPOSALS
10. ELECTION OF COMMITTEE MEMBERS
11. AOB

PRR membership by year

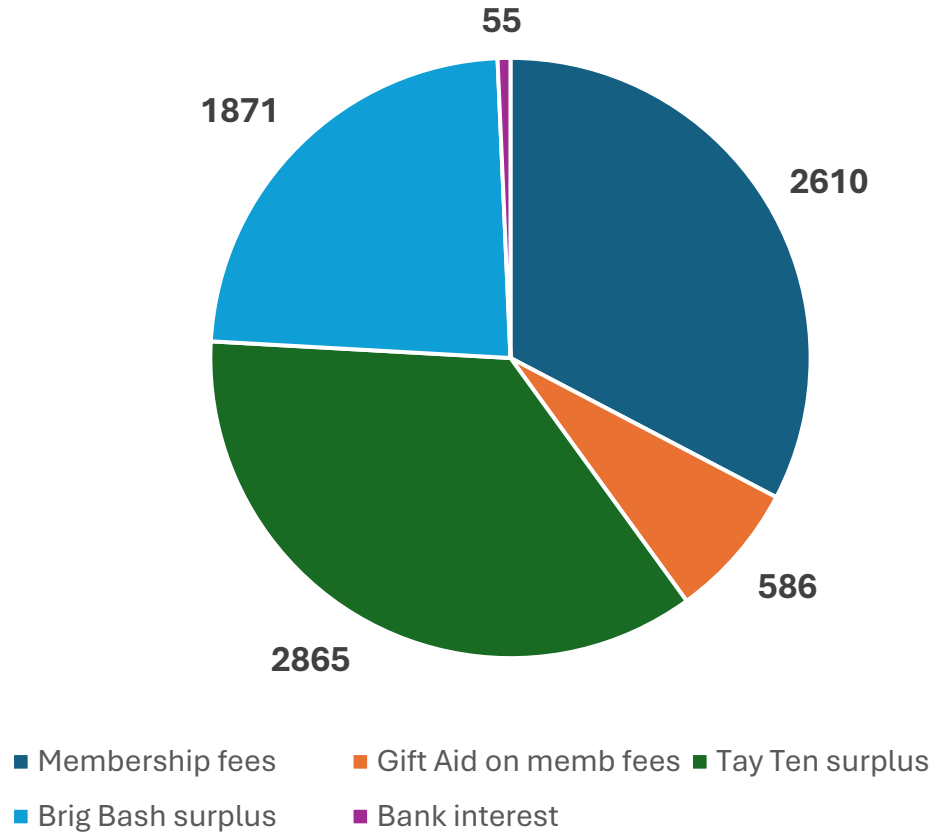


Perth Road Runners
Charity Number - SC048512

Income and Expenditure Account
For the Year Ended 30 September 2025

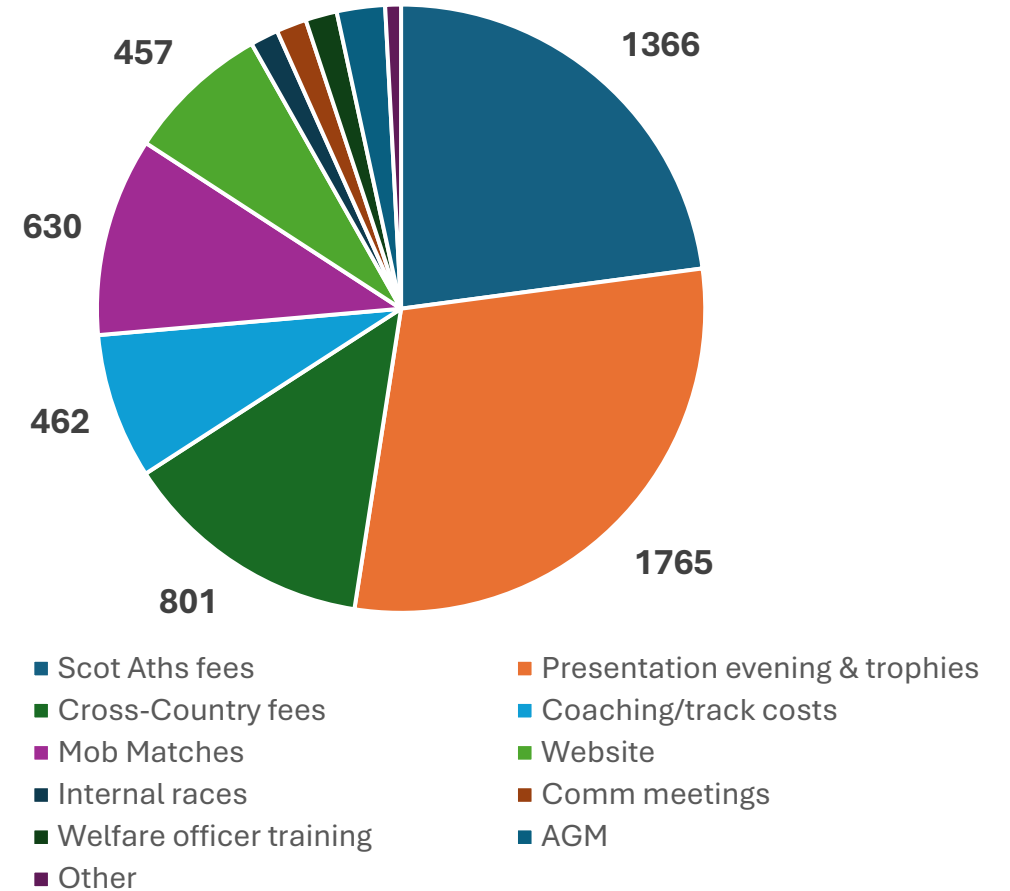
			<u>Year</u> <u>Ended</u> <u>30/09/2025</u>	<u>Year</u> <u>Ended</u> <u>30/09/2024</u>
	<u>Note</u>	£	£	£
<u>Income</u>				
Membership Income			2,610.40	2,731.70
Gift Aid	9		-	1,250.22
Tay Ten Surplus	1		3,099.44	1,794.30
Brig Bash Surplus	2		1,898.52	877.69
Interest			55.08	-
Clothing Sales	10		818.30	764.60
Coaching income			10.00	-
Scottish Athletics XC Host Fee			-	-
Donations - BB CHAS collection			618.70	300.00
Quiz Entries - donated to Race against Dementia			176.00	-
			9,286.44	7,718.51
<u>Expenditure:-</u>				
Scottish Athletics Affiliation Fees		1,366.50		1,335.00
Trophies, Medals & Engraving		-		-
Clothing Purchases	10	1,282.56		1,035.83
Presentation Evening and all trophies	3	1,765.76		1,828.75
Cross Country Fees		801.00		736.37
Donations	4	794.70		-
Coaching & Track Costs	5	46.00		1,153.05
Sundry Expenses	6	942.27		1,455.25
Mob Matches	7	630.00		285.17
Hartley Relays	8	30.00		30.00
			7,658.79	7,850.42
Surplus / (Deficit) for the Year			1,627.65	(140.91)

Income



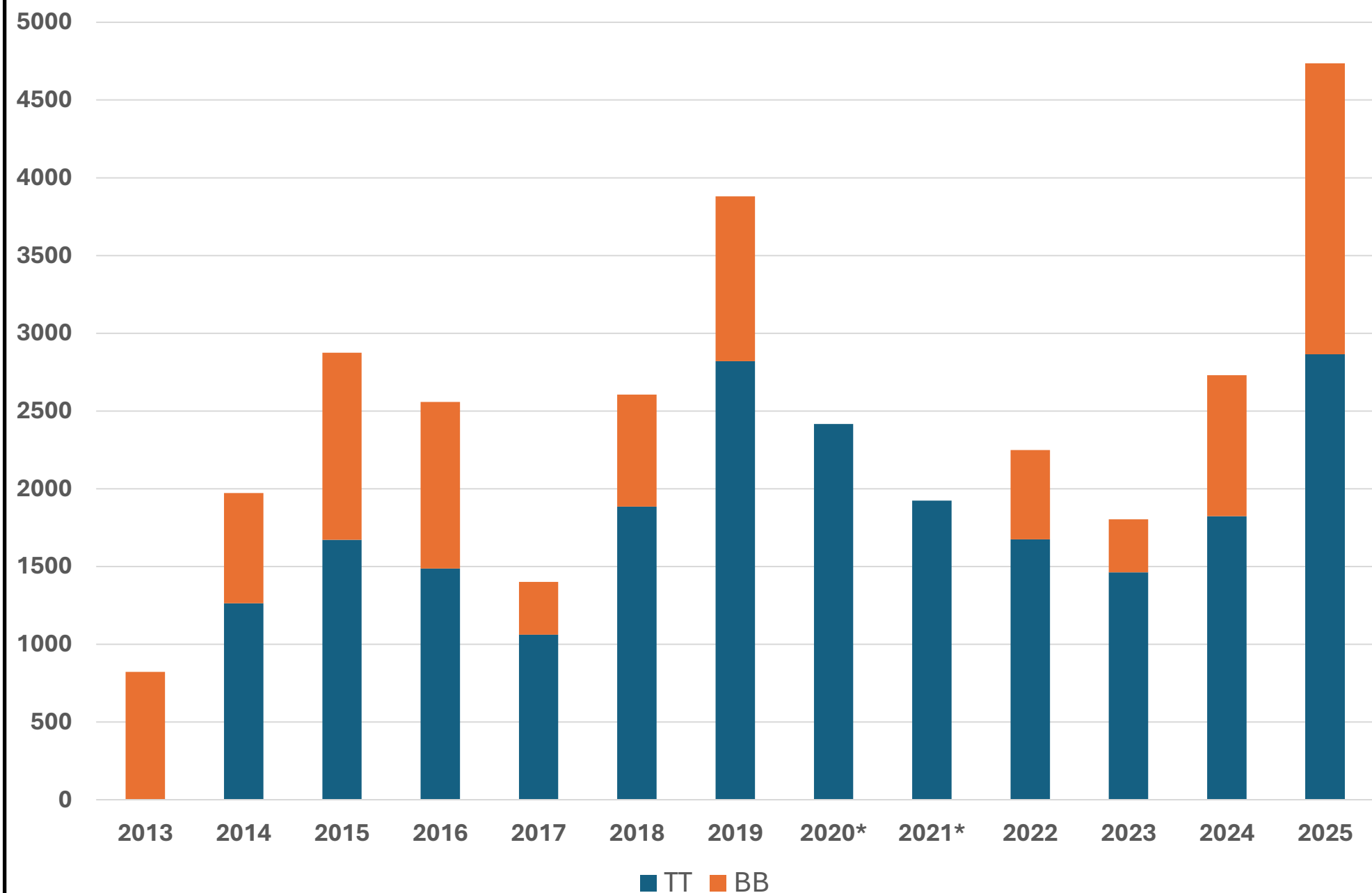
Total = ~£8,000

Expenditure

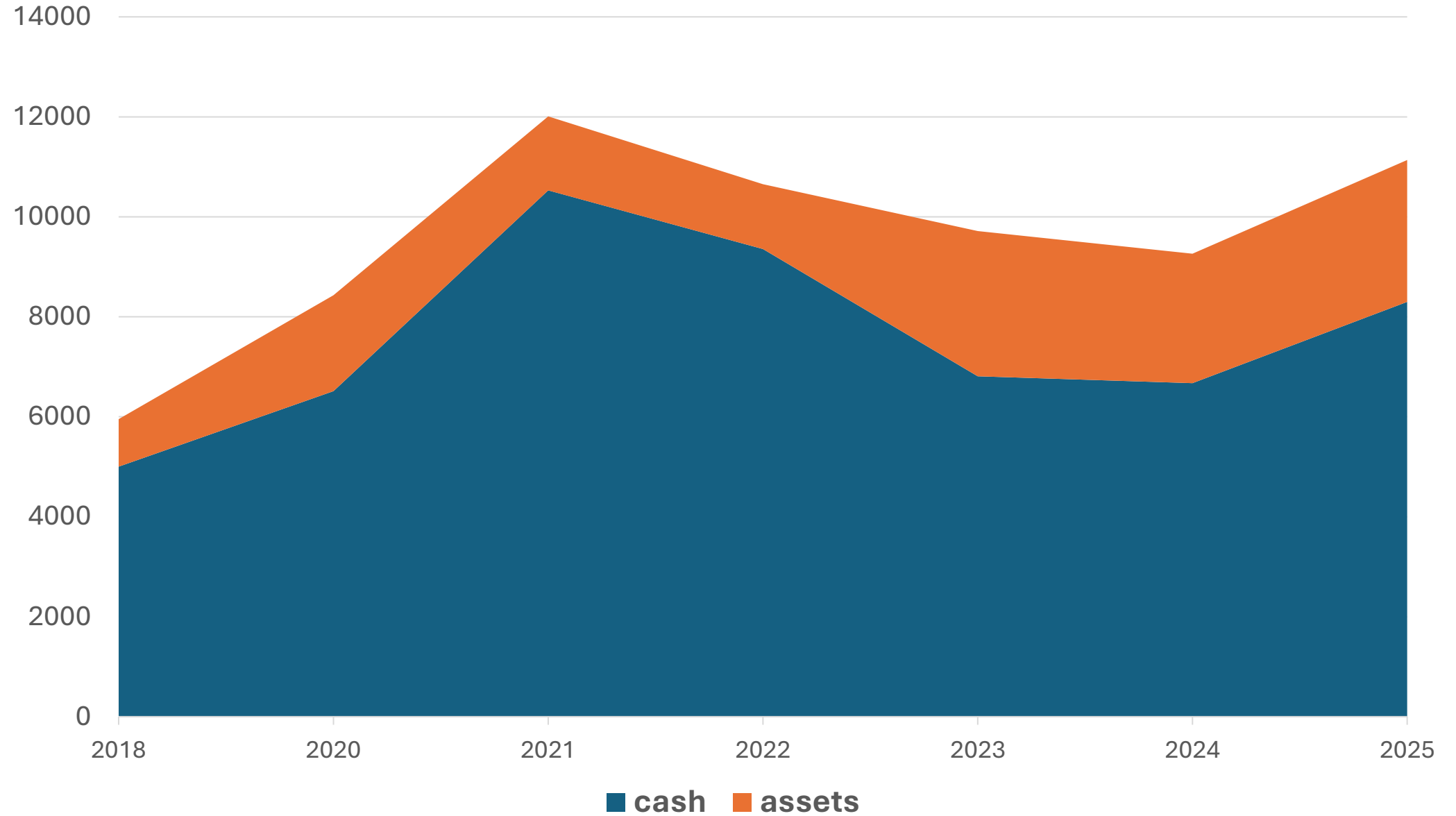


Total = ~£6,000

Surplus (£) on TT and BB since 2013



Total club £ value





Perth and Kinross
**COUNTRYSIDE
TRUST**



WOODLAND
TRUST SCOTLAND

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2012
2013
2014
2015
2016
2017
2018
2019
2020
2021
2022
2023
2024

Anne and Robin Wombill

Peter Ritchie

Sue Jones

Barry Campbell

Daile Sipple

Caroline Ness

Gillian Smith

Kevin Rogers

not awarded - COVID-19

Peter Ritchie

Michael Souter and Stephané Reid

Kenneth Stewart and Lou Ella Cole

Maria Dale

PRR
JEAN WAINWRIGHT SALVER
FOR
MOST ADVENTUROUS MARATHON
2025

- g. The most Improved Mens and Ladies' trophies will be awarded to the members who have shown the greatest improvement in their times or achievements during the year or compared with the previous year. Members will be nominated and voted for by the committee and the winner announced at that year's AGM. Athletes who feel they are in contention for this award must ensure their results are reported to the Championship Organiser following each race.



PRR
MOST IMPROVED
2025

1991	<i>Keith Robinson, Neil Cobb, Jill Simpson (not on trophy)</i>	
1992		Malcolm Nash
1993		Colin Wilson
1994		Corina Cramer
1995		Colin Wilson
1996		Fiona Hair
1997		Bruce Steeves
1998		Frank Cobb
1999		Dorothy Bates
2000	R.Livingstone	Jenny Butter
2001	Steve Ferguson	Susan Lennon
2002	Robin Livingstone	Susan Lennon/Veronica Muir
2003	Peter Ritchie	Meike Bateman
2004	Stuart Wyllie	Fiona Angus
2005	Peter Ritchie	Anne Wombill
2006	Tony Jackson	Debbie Jackson
2007	W.Lawson	Fiona Morrison
2008	Simon Grieshaber	Julie King
2009	Grant Strachan	Vicky Park
2010	Kevin Judge	Claire Douglas
2011	Brian Cooper	Angela Park
2012	David Hunter	Allison McArthur
2013	Mark Leach	Sue Jones
2014	James Fotheringham	Julie Ramsay
2015	Paul Grace	Gillian Smith
2016	Kevin Rogers	Sonjia Crow
2017	Richard Ward	Stephane Reid
2018	Duncan Ryan	Maria Dale
2019	Bryan Jenkins	Maria Dale
2020	<i>not awarded - COVID-19</i>	<i>not awarded - COVID-19</i>
2021	Alan Bothwell	Caroline Duffin
2022	Elliot Collins	Tessa Ward
2023	Dean Abberley	Paige Brown
2024	Dean Abberley	Liz Johnston

PRR
MOST IMPROVED
2025

- h. The **Club Member of the Year** (formerly Club Personality) award shall be voted on by club members. The award shall be presented to the member who, in their opinion, has contributed the most to the club in the areas of commitment, endeavour, participation and involvement, plus any other qualities considered relevant in upholding the spirit of PRR. The Club Member of the Year award will be announced at the AGM.



1992	Jim Davidson
1993	Jim Davidson
1994	Corina Cramer
1995	Ricky Martin
1996	Ian Cuthbert
1997	Karen Walters
1998	Karen Walters
1999	Karen Walters
2000	Keith Robinson
2001	Arabella Woodrow
2002	Jean Wainwright
2003	David Bauchop
2004	Margaret Irvine
2005	Jamie Gartside
2006	Colin Keough
2007	Margaret Irvine
2008	David Norrie
2009	Fiona Angus
2010	Steve Ferguson
2011	Robin Wombill
2012	Fiona Morrison

PRR
CMOTY
2025

2013	Peter Ritchie
2014	Kenneth Stewart
2015	Sally Newton
2016	David Stokoe
2017	Stewart Reid
2018	Fiona Morrison
2019	Ronnie Glen
2020	Mike Dales
2021	Mark Crawford
2022	Mark Crawford
2023	Fabienne Thompson
2024	Duncan Ryan

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Club member proposing – PRR Committee

Outline of proposal (for 2025 AGM)

Proposal: to adjust the Club Standards levels for the marathon distance to those that once more make them a realistic target for PRR runners.

The Club Standards are a set of goal times that are set out to challenge the individual runner, irrespective of age. There are 6 standards; Green, Bronze, Silver, Gold, Platinum and Diamond, which are set over 6 race distances; 5k, 5 miles, 10k, 10 miles, half marathon and marathon. The aim is to achieve 4 of the times at a standard while in the particular 5 year age category.

The concept was introduced to the Club by former member John Rudd, and has provided an individual challenge for those that have chosen to engage, and has since been adopted by a number of other Scottish clubs.

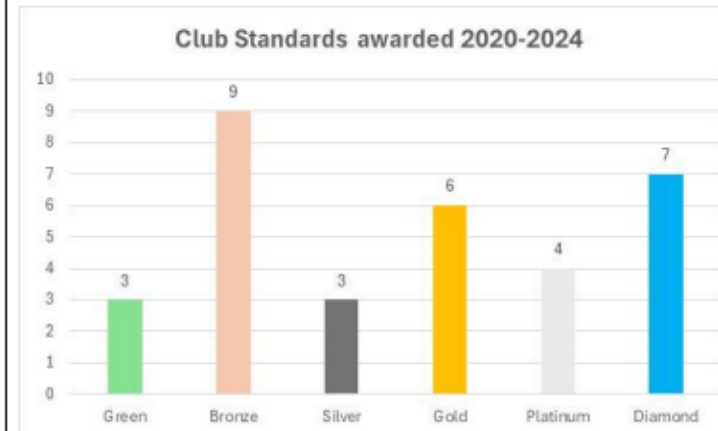
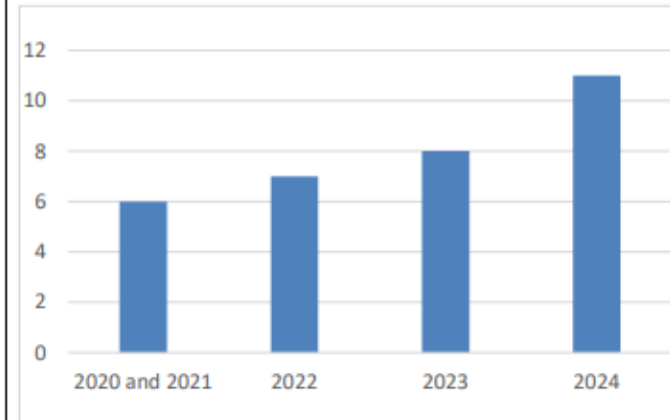
In 2018/9 a review of the times was undertaken, it having been pointed out that there were a number of discrepancies in some of the times, notably required paces being slower on some shorter distances for some standards, and a general variation of age gradings across the times. A new set of times was produced and presented to the AGM, with the Green Standard being a new addition at this time.

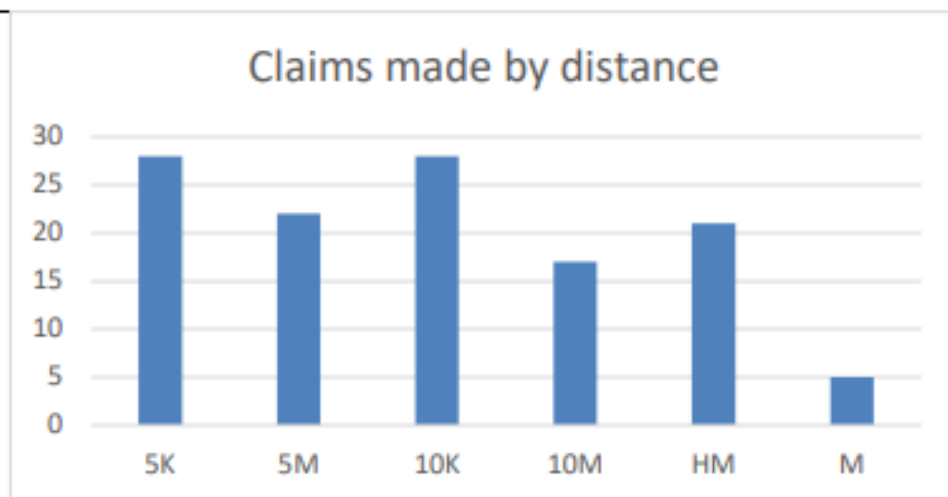
The age graded times were based on standards set by World Masters Athletics WMA (formerly World Association of Veteran Athletes). Each Standard level (Diamond, Platinum,

Gold, etc) was set – **for all distances** – at a certain percentage of the WAVA/WMA bests (eg Diamond = 83.6%, Platinum = 79.1%, Gold = 74.1% etc).

Importantly: It was pointed out – at that 2019 AGM - that the levelling of Standards across the distances would/did involve a major tightening of the marathon in particular, which was likely to make the times very tough to achieve. This was much highlighted and the option/sub-proposal to leave the marathon Standards closer to the old times – having been polled in a Facebook poll prior to the meeting - was put to the AGM ... but was rejected.

Since the new Standards have been in place, 32 Standards certificates have been awarded. Of these **only 5 have used/claimed for a marathon time** (two of these to the same person) and while not all claimants run the marathon, this is still a significant statistic. For example one runner achieving a Platinum Standard overall by running 20 seconds inside the half marathon time and beating the 10k by a full minute, could not get within 7 minutes of the marathon standard despite multiple Good For Age performances at the distance.





Why are the marathon times so tough? Some of the standard times on which the calculations are based were achieved by professional or semi-professional athletes. It is likely that the time and resources available to them have an even greater impact at the marathon distance than in shorter races. The training demands on amateur athletes to compete at marathon are considerable and this gap may account for the difficulty in achieving the calculated standard times.

This proposal aims to address the issue and make the marathon standard times more attainable for a larger cohort of runners so that all 6 distances come into play. The requirements would remain challenging but the marathon times **ONLY** would be adjusted by a small percentage, softening the age grade requirements slightly.

It is proposed to lower the age graded requirement for the marathon by 3 WAVA/WMA percentage points across all age groups for both men and ladies from February 28th 2026 (that is: at, or just beyond, the end of the claiming year for Club Standards). This level of adjustment is aimed to ease the marathon times enough to make them still challenging but attainable for a larger number of runners, without becoming a “soft option”.

A table of the proposed Standards times is attached to this proposal.

Benefit to the club?

This will make the Club Standards more realistically achievable to more PRRs without an undue dilution of the challenge of the Standards. It will keep the marathon at the heart of PRR achievement.

Other things to consider?

It is likely that a more wide-ranging update of all Standards and all distances will be required in the coming year or two as WMA/WAVA standards improve, in part accelerated by shoe technology.

Rationale for 2026 adjustment

It is proposed to lower the age graded requirement for the marathon by 3 percentage points across all age groups for both males and females from 2026. This level of adjustment is aimed to ease the marathon times enough to make them still challenging but attainable for a larger number of runners, without becoming a “soft option”.

The times have been compared with the records of a cross section of runners and hopefully this aim has been achieved. As stated earlier a thorough review of the Standards against the latest World Masters Athletics gradings will be undertaken in due course.

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<u>UNDER 40</u>	pre-2019	current	proposal
DIAMOND	02:35:00	02:27:47	02:33:17
PLATINUM	02:46:00	02:36:11	02:42:21
GOLD	03:00:00	02:46:49	02:53:51
SILVER	03:10:00	02:57:19	03:05:18
BRONZE	03:30:00	03:17:43	03:27:41
GREEN	-	03:42:25	03:55:07
<u>40 – 44</u>	pre-2019	current	proposal
DIAMOND	02:40:00	02:33:26	02:39:08
PLATINUM	02:52:00	02:42:09	02:48:33
GOLD	03:05:00	02:53:11	03:00:30
SILVER	03:20:00	03:04:05	03:12:22
BRONZE	03:45:00	03:25:16	03:35:36
GREEN	-	03:50:55	04:04:06
<u>45 – 49</u>	pre-2019	current	proposal
DIAMOND	02:45:00	02:39:55	02:45:52
PLATINUM	02:58:00	02:49:01	02:55:41
GOLD	03:12:00	03:00:31	03:08:08
SILVER	03:30:00	03:11:53	03:20:31
BRONZE	04:00:00	03:33:57	03:44:44
GREEN		04:00:41	04:14:25
<u>50 – 54</u>	pre-2019	current	proposal
DIAMOND	02:50:00	02:46:59	02:53:12
PLATINUM	03:04:00	02:56:29	03:03:26
GOLD	03:20:00	03:08:29	03:16:27
SILVER	03:40:00	03:20:21	03:29:22
BRONZE	04:15:00	03:43:24	03:54:39
GREEN	-	04:11:19	04:25:40
<u>55 – 59</u>	pre-2019	current	proposal
DIAMOND	03:00:00	02:54:42	03:01:12
PLATINUM	03:14:00	03:04:38	03:11:55
GOLD	03:30:00	03:17:12	03:25:31
SILVER	03:50:00	03:29:37	03:39:03
BRONZE	04:33:00	03:53:43	04:05:30
GREEN	-	04:22:56	04:37:56

F

<u>UNDER 40</u>	pre-2019	current	proposal
DIAMOND	03:05:00	02:43:10	02:49:14
PLATINUM	03:12:00	02:52:27	02:59:14
GOLD	03:20:00	03:04:11	03:11:57
SILVER	03:45:00	03:15:46	03:24:35
BRONZE	04:00:00	03:38:17	03:49:17
GREEN	-	04:05:34	04:19:35
<u>40 – 44</u>	pre-2019	current	proposal
DIAMOND	03:20:00	02:49:19	02:55:38
PLATINUM	03:30:00	02:58:57	03:06:00
GOLD	03:40:00	03:11:08	03:19:12
SILVER	04:15:00	03:23:10	03:32:18
BRONZE	04:30:00	03:46:31	03:57:56
GREEN	-	04:14:50	04:29:23
<u>45 – 49</u>	pre-2019	current	proposal
DIAMOND	03:30:00	02:57:33	03:04:09
PLATINUM	03:40:00	03:07:38	03:15:02
GOLD	03:50:00	03:20:25	03:28:52
SILVER	04:30:00	03:33:02	03:42:37
BRONZE	04:45:00	03:57:31	04:09:30
GREEN	-	04:27:13	04:42:28
<u>50 – 54</u>	pre-2019	current	proposal
DIAMOND	03:40:00	03:08:51	03:15:53
PLATINUM	03:52:00	03:19:35	03:27:27
GOLD	04:05:00	03:33:10	03:42:10
SILVER	04:50:00	03:46:35	03:56:47
BRONZE	05:10:00	04:12:39	04:25:23
GREEN	-	04:44:13	05:00:27
<u>55 – 59</u>	pre-2019	current	proposal
DIAMOND	03:55:00	03:21:48	03:29:18
PLATINUM	04:07:00	03:33:16	03:41:40
GOLD	04:20:00	03:47:47	03:57:23
SILVER	05:10:00	04:02:07	04:13:01
BRONZE	05:35:00	04:29:57	04:43:34
GREEN	-	05:03:42	05:21:02

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<u>60 – 64</u>	pre-2019	current	proposal
DIAMOND	03:15:00	03:03:10	03:09:59
PLATINUM	03:27:00	03:13:35	03:21:13
GOLD	03:40:00	03:26:45	03:35:29
SILVER	04:05:00	03:39:46	03:49:40
BRONZE	04:55:00	04:05:03	04:17:24
GREEN	-	04:35:40	04:51:25
<u>65 – 69</u>	pre-2019	current	proposal
DIAMOND	03:30:00	03:12:30	03:19:40
PLATINUM	03:42:00	03:23:26	03:31:28
GOLD	03:55:00	03:37:17	03:46:27
SILVER	04:23:00	03:50:58	04:01:21
BRONZE	05:17:00	04:17:31	04:30:30
GREEN	-	04:49:43	05:06:15
<u>70-74</u>	pre-2019	current	proposal
DIAMOND	03:45:00	03:23:13	03:30:47
PLATINUM	03:57:00	03:34:46	03:43:14
GOLD	04:10:00	03:49:23	03:59:04
SILVER	04:45:00	04:03:50	04:14:48
BRONZE	05:40:00	04:31:52	04:45:34
GREEN	-	05:05:51	05:23:18
<u>75 – 79</u>	pre-2019	current	proposal
DIAMOND	04:00:00	03:39:50	03:48:01
PLATINUM	04:12:30	03:52:20	04:01:30
GOLD	04:25:00	04:08:09	04:18:37
SILVER	05:00:00	04:23:46	04:35:38
BRONZE	06:00:00	04:54:06	05:08:55
GREEN	-	05:30:51	05:49:45
<u>80– 84</u>	pre-2019	current	proposal
DIAMOND	04:15:00	04:06:24	04:15:34
PLATINUM	04:17:30	04:20:24	04:30:40
GOLD	04:40:00	04:38:07	04:49:52
SILVER	05:20:00	04:55:38	05:08:56
BRONZE	06:20:00	05:29:37	05:46:15
GREEN	-	06:10:50	06:32:00

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<u>60 – 64</u>	pre-2019	current	proposal
DIAMOND	04:10:00	03:36:38	03:44:42
PLATINUM	04:23:00	03:48:57	03:57:59
GOLD	04:37:00	04:04:32	04:14:51
SILVER	05:30:00	04:19:56	04:31:37
BRONZE	05:55:00	04:49:49	05:04:26
GREEN	-	05:26:03	05:44:39
<u>65 – 69</u>	pre-2019	current	proposal
DIAMOND	04:27:00	03:53:50	04:02:33
PLATINUM	04:41:30	04:07:08	04:16:53
GOLD	04:55:30	04:23:57	04:35:06
SILVER	05:55:30	04:40:34	04:53:12
BRONZE	06:25:30	05:12:50	05:28:36
GREEN	-	05:51:56	06:12:01
<u>70-74</u>	pre-2019	current	proposal
DIAMOND	-	04:14:01	04:23:28
PLATINUM	-	04:28:27	04:39:02
GOLD	-	04:46:43	04:58:49
SILVER	-	05:04:46	05:18:29
BRONZE	-	05:39:49	05:56:57
GREEN	-	06:22:18	06:44:07
<u>75 – 79</u>	pre-2019	current	proposal
DIAMOND	-	04:39:43	04:50:08
PLATINUM	-	04:55:37	05:07:17
GOLD	-	05:15:44	05:29:04
SILVER	-	05:35:37	05:50:43
BRONZE	-	06:14:13	06:33:05
GREEN	-	07:00:59	07:25:01
<u>80– 84</u>	pre-2019	current	proposal
DIAMOND	-	05:22:38	05:34:38
PLATINUM	-	05:40:58	05:54:25
GOLD	-	06:04:10	06:19:32
SILVER	-	06:27:06	06:44:31
BRONZE	-	07:11:36	07:33:22
GREEN	-	08:05:33	08:33:16

- **CHAIRPERSON (Trustee)**
 - **VICE CHAIRPERSON (Trustee)**
 - **SECRETARY (Trustee)**
 - **TREASURER (Trustee)**
-
- **CHAMPIONSHIP ORGANISER**
 - **WELFARE OFFICER**
 - **RACE ORGANISER/RACE COMM LEAD**
 - **WEBSITE ORGANISER**
 - **CLOTHING OFFICER**
 - **MEMBERSHIP COORDINATOR**
 - **COACH LIAISON**
 - *ideally SOCIAL SECRETARY*
 - *ideally PRESS OFFICER(S)*

PRR COMMITTEE ELECTIONS 2025

CHAIRPERSON:

- a. Oversees the smooth running of the club.
- b. Arranges regular Committee meetings, produces agendas and invites Committee members to attend.
- c. Facilitates the AGM and presents prize winners at the Awards dinner.
- d. Guides decisions of the Committee. Has casting vote if decision is tied.
- e. Updates the Club Rules and Constitution to incorporate agreed amendments.

VICE CHAIRPERSON:

- a. Steps in for the Chairperson when they are unavailable.
- b. Undertakes other duties as agreed at Committee meetings.

SECRETARY:

- a. Focal point for external and internal Club correspondence and communications.
- b. Represents the club at external meetings.
- c. Produces minutes from Committee meetings, circulates and keeps on record.

CHAMPIONSHIP ORGANISER:

- a. Selects the events and distances for the Club Championship, Summer Series and Hills are Alive for the year. Events should be distributed as evenly as possible throughout the year with local events holding a Scottish Athletics race permit given preference. The selected events must be submitted to the Committee for approval.
- b. Club Championship events should be the same events for both males and females. However, with Committee agreement, separate events may be selected.
- c. Records times and positions of club members competing in club series races.
- d. Correlates series points and updates the progressive points table ensuring a copy is displayed on the club notice board and club web site.
- e. Keeps a record of the times reported by athletes, especially those in contention for club awards, such as 10 km, half-marathon and marathon races. Also, times supporting the most improved male and female athletes and any other relevant club awards. A list of award winners will be compiled and presented to the Committee prior to that year's AGM.

DATES FOR THE DIARY

Winter parkrun Challenge	under way, last day is 14th February
Yahoo	Tues 9th December
PRR v DRR parkrun Mob Match	Sat 14th February (Dundee)
Presentation dinner	Sat 28th February (<i>likely</i>)
Tay Ten	Sun 3rd May
Brig Bash	Weds 1st July
PRR v KRR Mob Match	Tues 18th August (Kinclaven Bluebell Woods)

LONDON MARATHON BALLOT

