

PRR Cross Country, 2024-2025

The 2024-25 Cross Country season saw 32 members (an increase of 3 on last season) represent the Club at least once at a National or Regional event, with 12 individuals earning the PRR Cross Country participation medal by completing at least 4 events. Congrats to Alan Bothwell, Dave Knight, Kevin Riddell, Mark Crawford, Mike Dales, Robin Livingstone, Graeme Gatherer, Agnieszka Mroczkowska, Fabienne Thompson, Fiona Manson, Paige Brown and Sue Bothwell on their achievement. In terms of results, the highlight for the Club was the ladies V50 team winning a silver medal at the National Masters Championships in Forres. In the East District League, the Senior Men finished 17th overall with the Masters (V40+) finishing 6th in their section.

In terms of this season, we have had runners at all 4 events which have taken place so far. We've already had 30 members run at least one event and in terms of results, which is up from 23 last year so we're off to a great start in terms of participation. As always seems to be the case, the V50 category seems to be where we see our best results, with the men finishing 7th at the National Relays and the women finishing 10th. In the East District league the men currently sit 14th with the women 10th but there's still two league meetings left for us to attempt to climb the standings.

Kev Riddell, Men's XC Captain