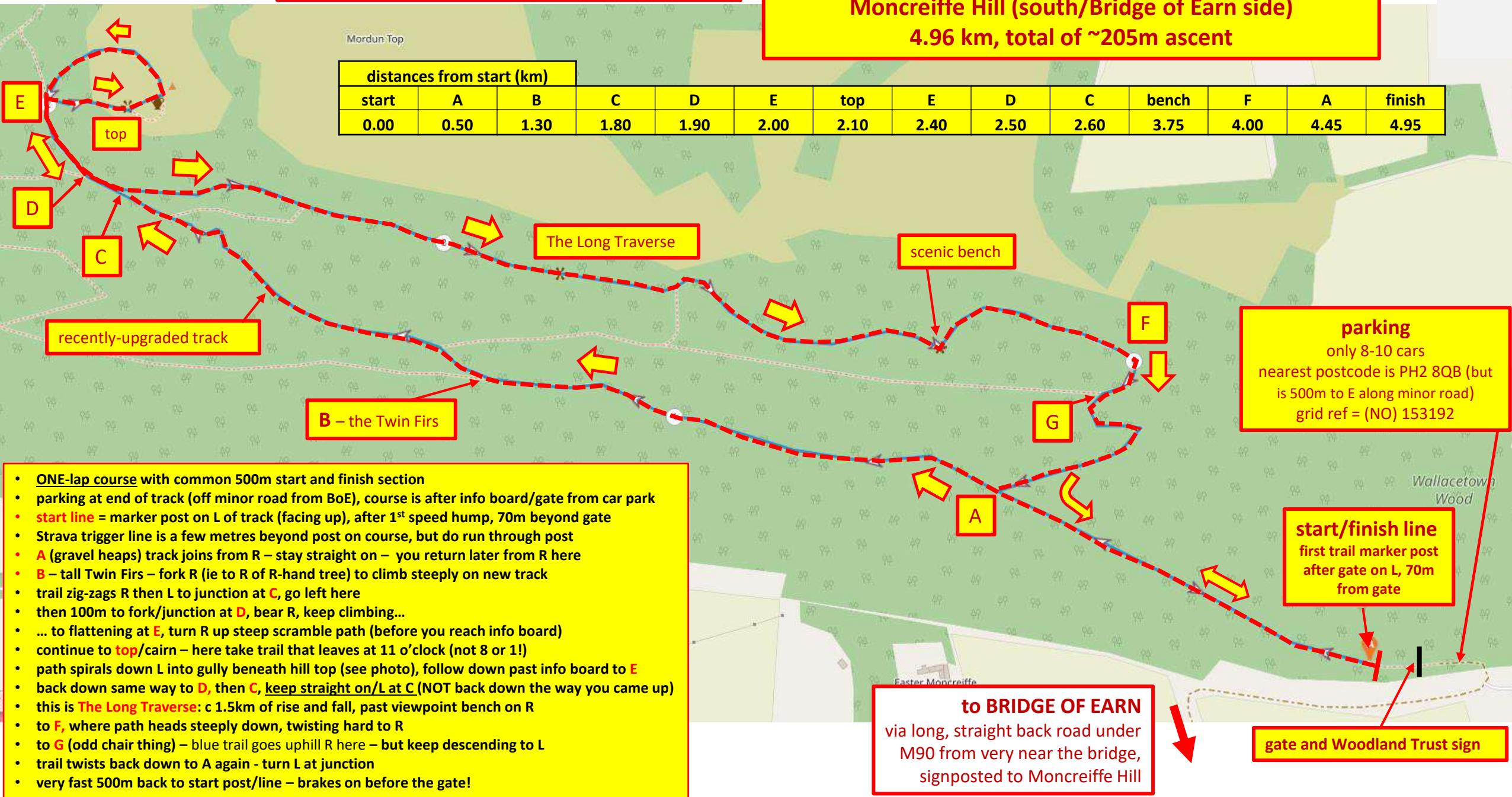


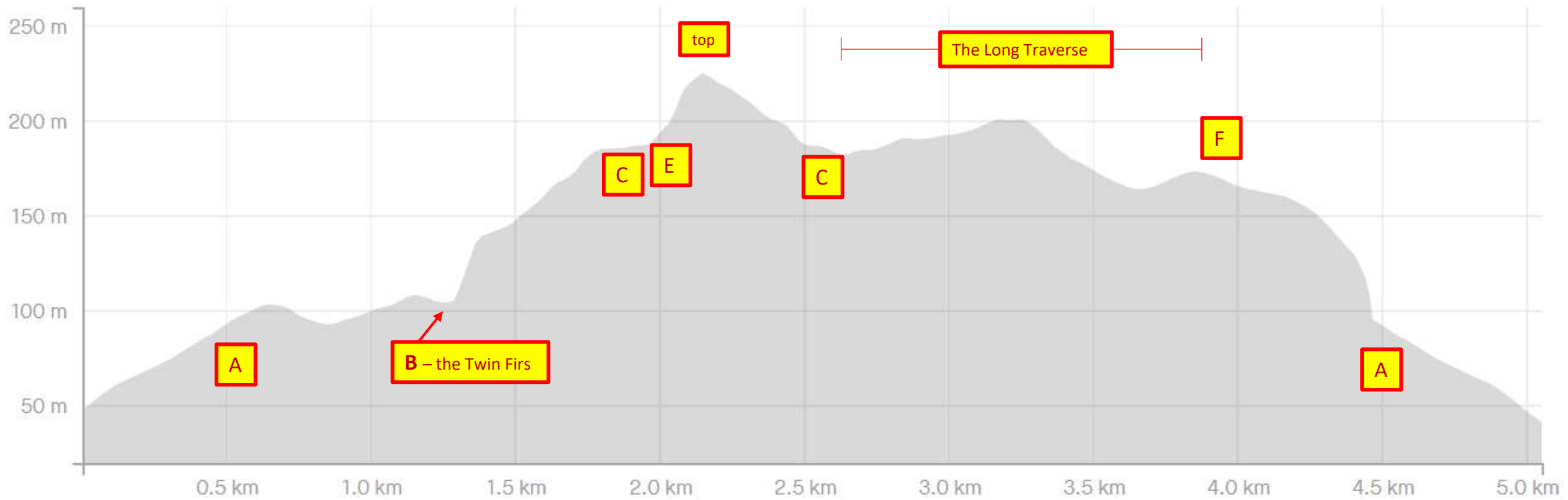
<https://www.strava.com/segments/28036403>

Hills Are Alive 2021, course 2 – May
Moncreiffe Hill (south/Bridge of Earn side)
4.96 km, total of ~205m ascent

distances from start (km)													
start	A	B	C	D	E	top	E	D	C	bench	F	A	finish
0.00	0.50	1.30	1.80	1.90	2.00	2.10	2.40	2.50	2.60	3.75	4.00	4.45	4.95

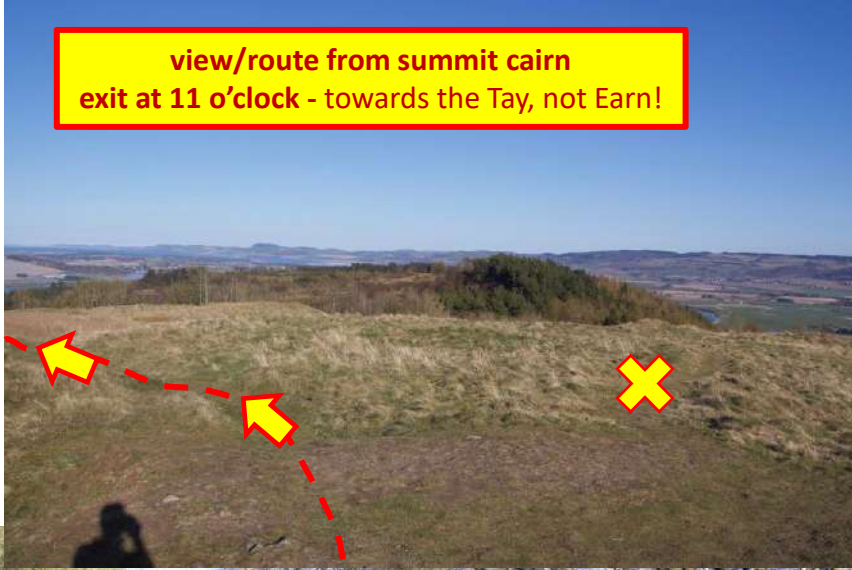


PROFILE

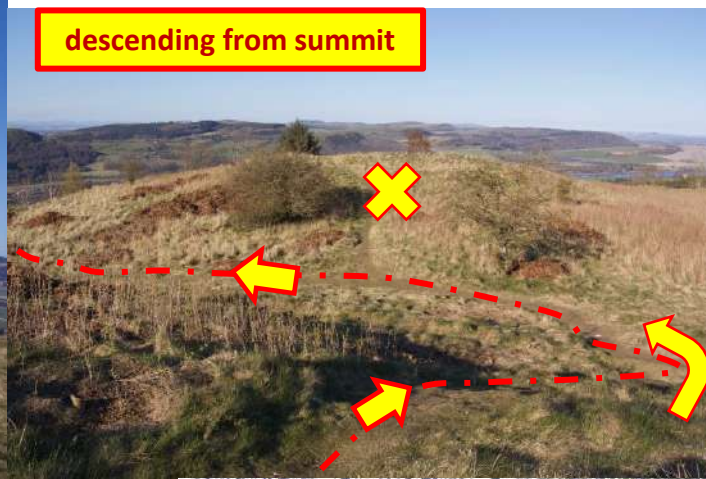




view/route from summit cairn
exit at 11 o'clock - towards the Tay, not Earn!



descending from summit



further descending from summit back to E

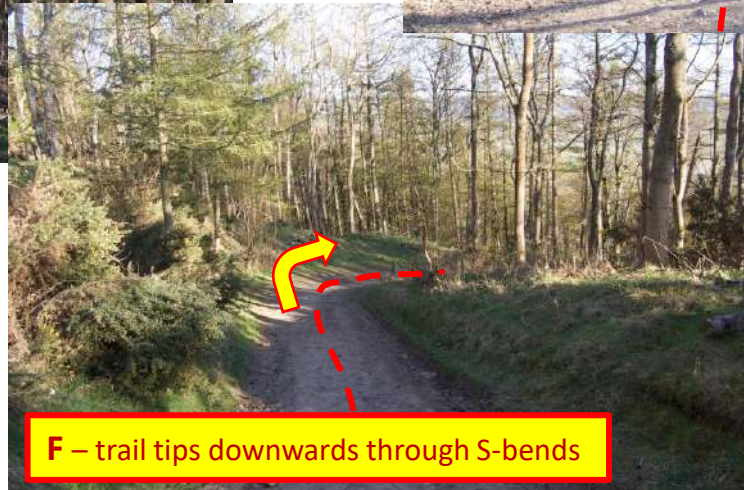


info board

C – in descent, keep to L to join The Long Traverse
(you came up from the R here)

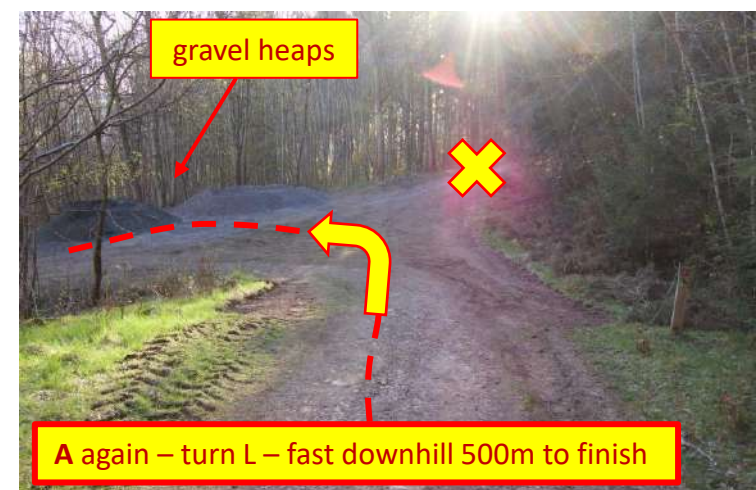


G – keep descending to L (main track)



F – trail tips downwards through S-bends

gravel heaps



A again – turn L – fast downhill 500m to finish