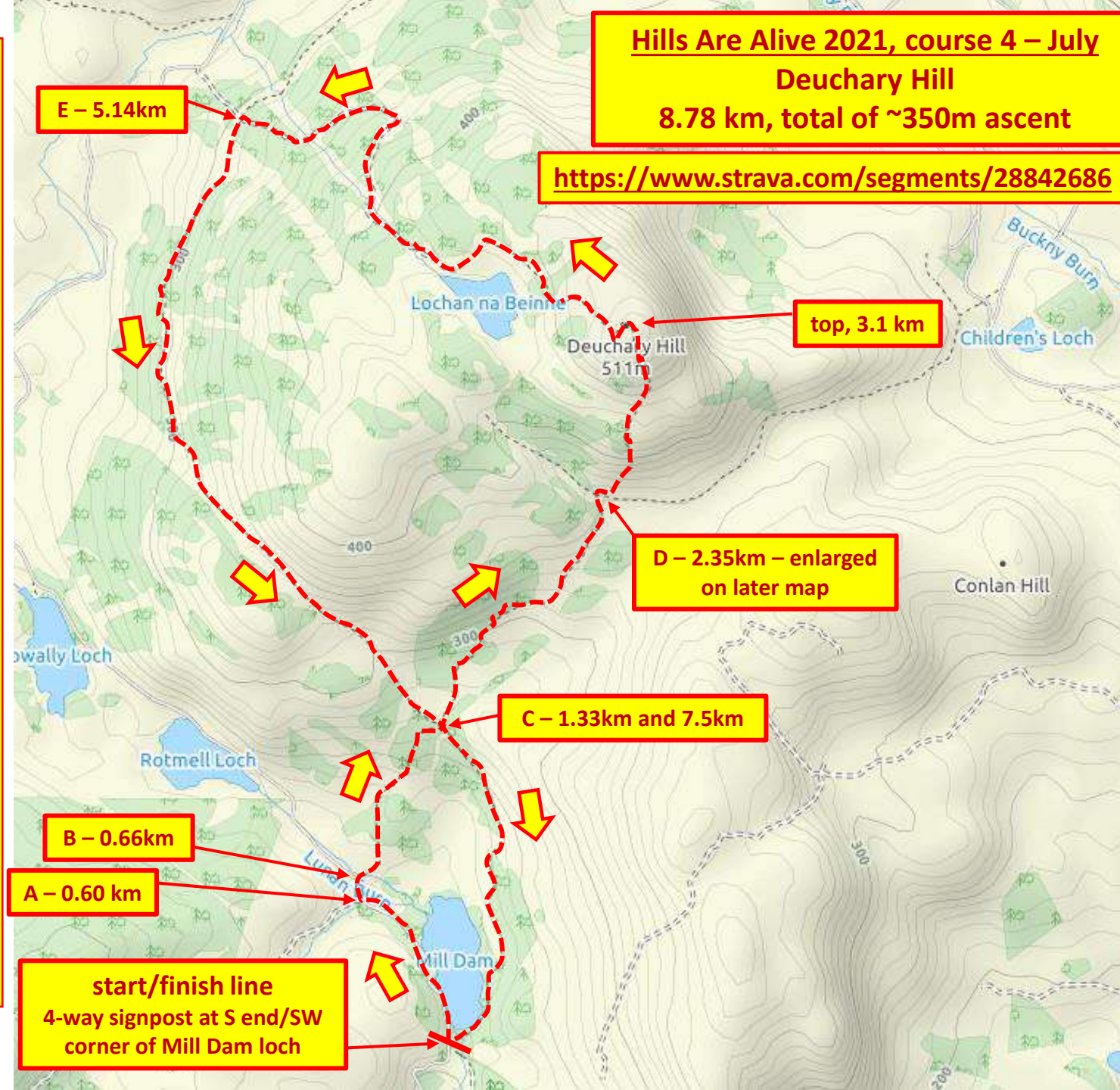


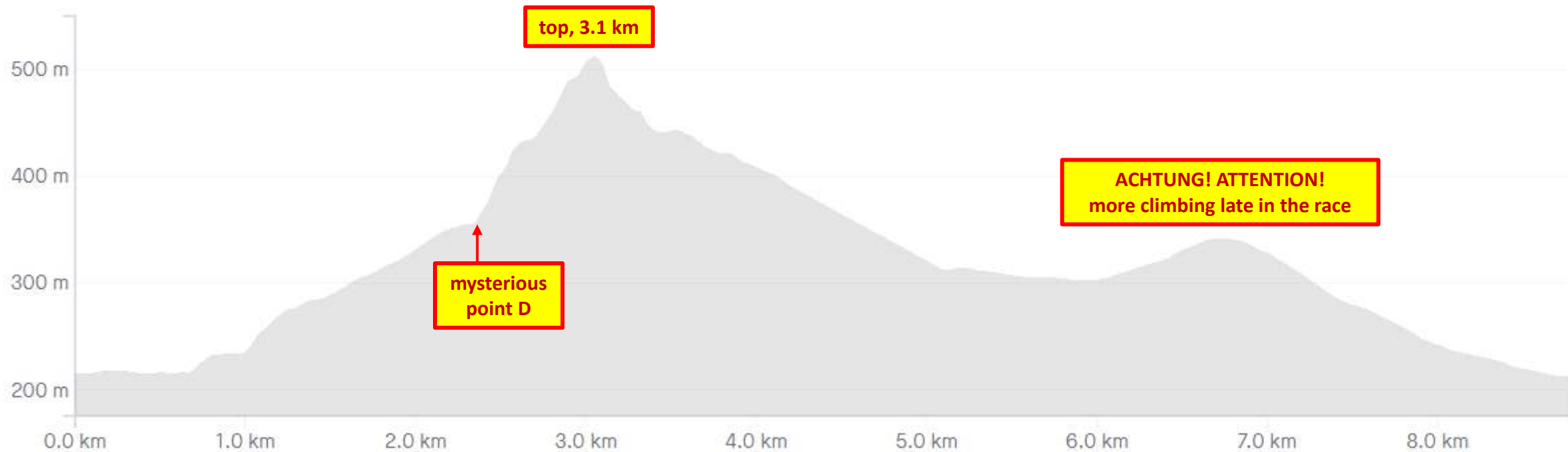
- figure-of-eight course – with 5km+ run-down from hilltop/high point at just over 3km
- THERE ARE THREE SECTIONS/BITS OF CAREFUL NAVIGATION REQUIRED THEY ARE POINTS A/B, POINT D AND THE HILL TOP.

- start and finish line = 4-way footpath signpost (see photo sheet) at S end/SW corner of Mill Dam lake/loch above A923 Dunkeld-Blairgowrie road. This point is at least 2.7 km from the nearest road; see SEPARATE SHEET below for how to get to the start line!

- Set off with loch (Mill Dam) to your R, passing boathouse immed on your L – look out for beavers and widespread beaver-related apocalypse
- **A: 600m from start**, pass signposts (*Atholl Woods Path*) and gate on L – DO NOT TAKE THIS L – but stay R on main track – this just alerts you to R turn coming **60m later** at
- **B (660m):** as main track swings L, path breaks off on R (and to R) into the trees – TAKE THIS
- track climbs, twists, turns – faint but obvious – through occasional bracken, passing dry stone wall and climbing steeply to track junction at
- **C: (1.33km)** is a crossroads. Go straight over here (actually, v slightly R then L), following signpost (*Butterstone 4*) direction
- track contours and climbs gently, approaching Deuchally Hill (ahead and up to L)
- **2.25km from start**, track swings hard L and into hillside - SEE SEPARATE PHOTO SHEET
- to **D 100m later**, then swinging R and over stream. Stay alert! 30m later, passes small rock outcrop on L. Some 5-10m after, hidden track under trees heads L. TAKE THIS .
- Track climbs initially R and then straightens steep uphill. Goes bit faint across rocky bracken (bracken-y rock for pessimists), but look up and line ahead is clear
- track twisty but clear all way to **hill top at just over 3km** – trig point comes into sight
- TOP IS TRICKY - SEE SEPARATE PHOTO SHEET – swing to L just before summit, passing trig point and straight on along ridge, heading to L of obvious white rock blade – pass to its L (keep it on your R); path downhill becomes obvious beyond
- very steep down initially, but opens and flattens out to fast, runnable grass track, leaving loch to L and then swinging out on grand R-then-L swoop down hillside. Seriously tasty running indeed.
- stay on obvious track to **E**, at **5.14 km**; this is track/forest road T-junction (lone young tree and fence post tripod just to R as indicator) – TURN LEFT HERE
- is then good, v runnable track all way to finish **some 3.5km** away
- warning: track climbs 50m in first 1.5km of that – leave something in lungs/legs/head
- you pass point **C/signpost at 7.5km**. Press straight on downhill over bridge
- Mill Dam comes into sight on R. Beaver alert! Brace self, give all diesel, jettison kitchen sink etc to finish line.



PROFILE



**Getting to the
start line**
(not entirely trivial)

start/finish line
4-way signpost at S
end/SW corner of
Mill Dam loch

The Glack
house/kennels – track
from Craiglush goes
through gate to R of house

BLAIRGOWRIE

(Cally) car park
decent size – 30 cars
– busy at weekends

Cally approach

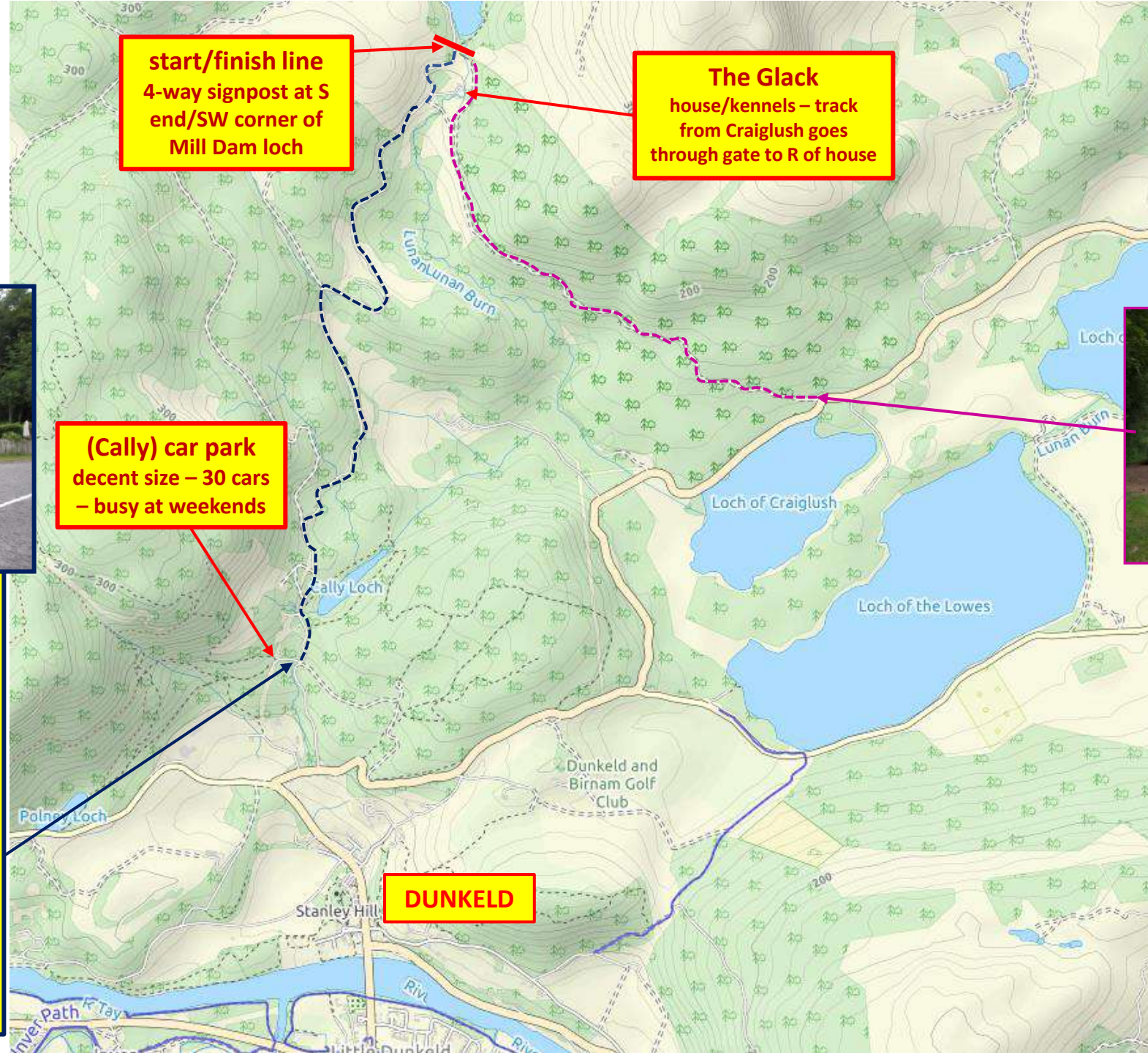
(will be used 8th July group evening,
meet in car park)

up Dunkeld High St, past Hilton, R at
Blairg A923 road junction, uphill
100m, second turn L (by post box)
(NOT the one before into Cally
Industrial Estate), then awful forest
road over massive speed
humps/culverts for 400m, car park
on L

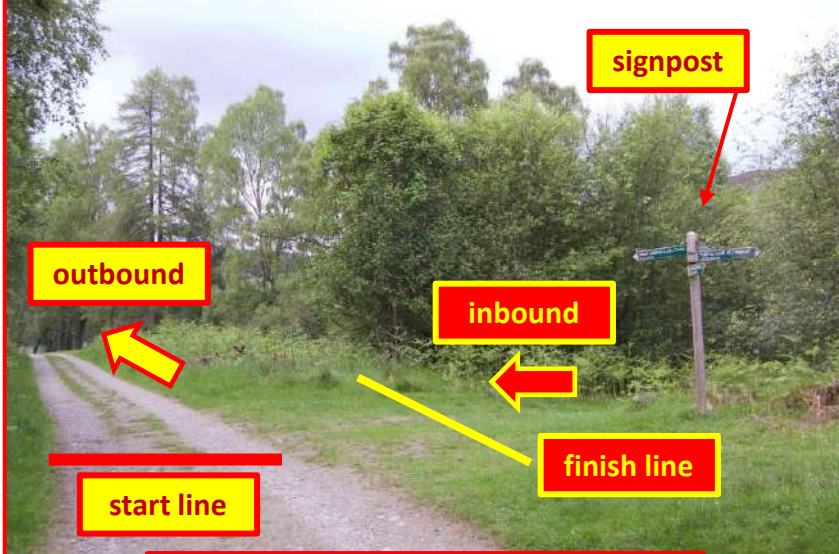
park up, follow signs for The
Glack/Loch Ordie, roughly 3.5km to
start. Is a nice mountain bike ride
for those so disposed.

Craiglush approach
(the more pleasant way up)

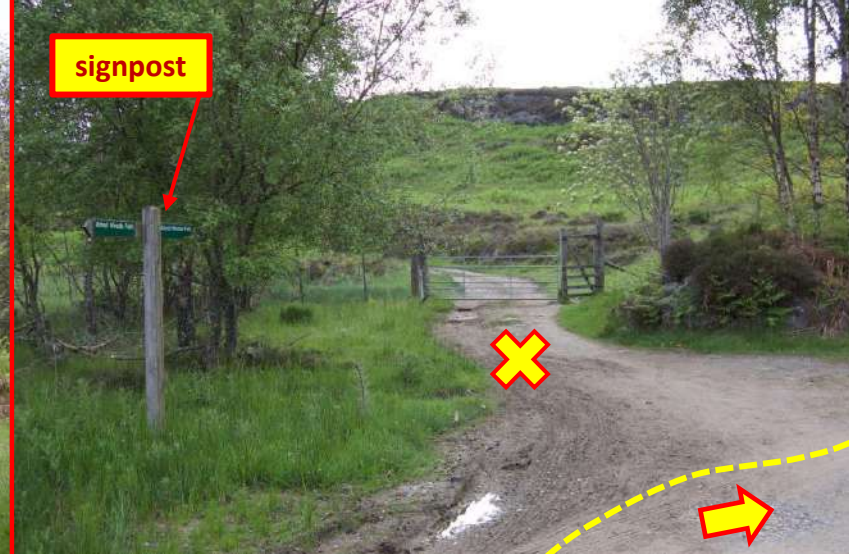
room for 5 cars on road corner by
loch, climbs into trees, 2.7km to
start line, scenic jog, gently uphill



DUNKELD



start/finish line
4-way signpost, S end of Mill Dam loch



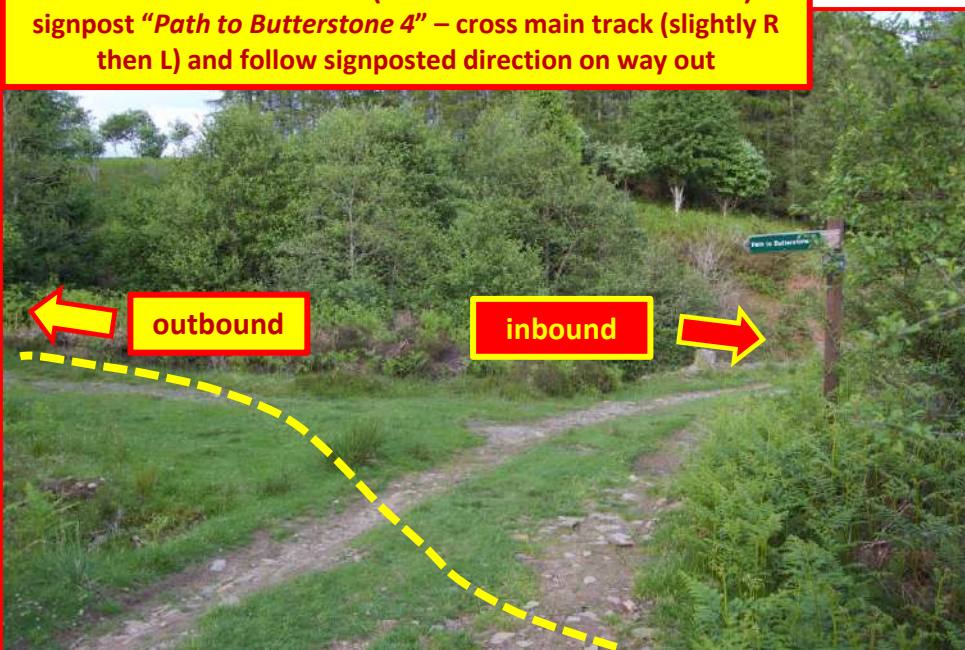
A: 0.60 km : Atholl Woods Path signposts - do NOT turn L - stay on R-curving main track. Alert: approaching R turn at B in 60m!



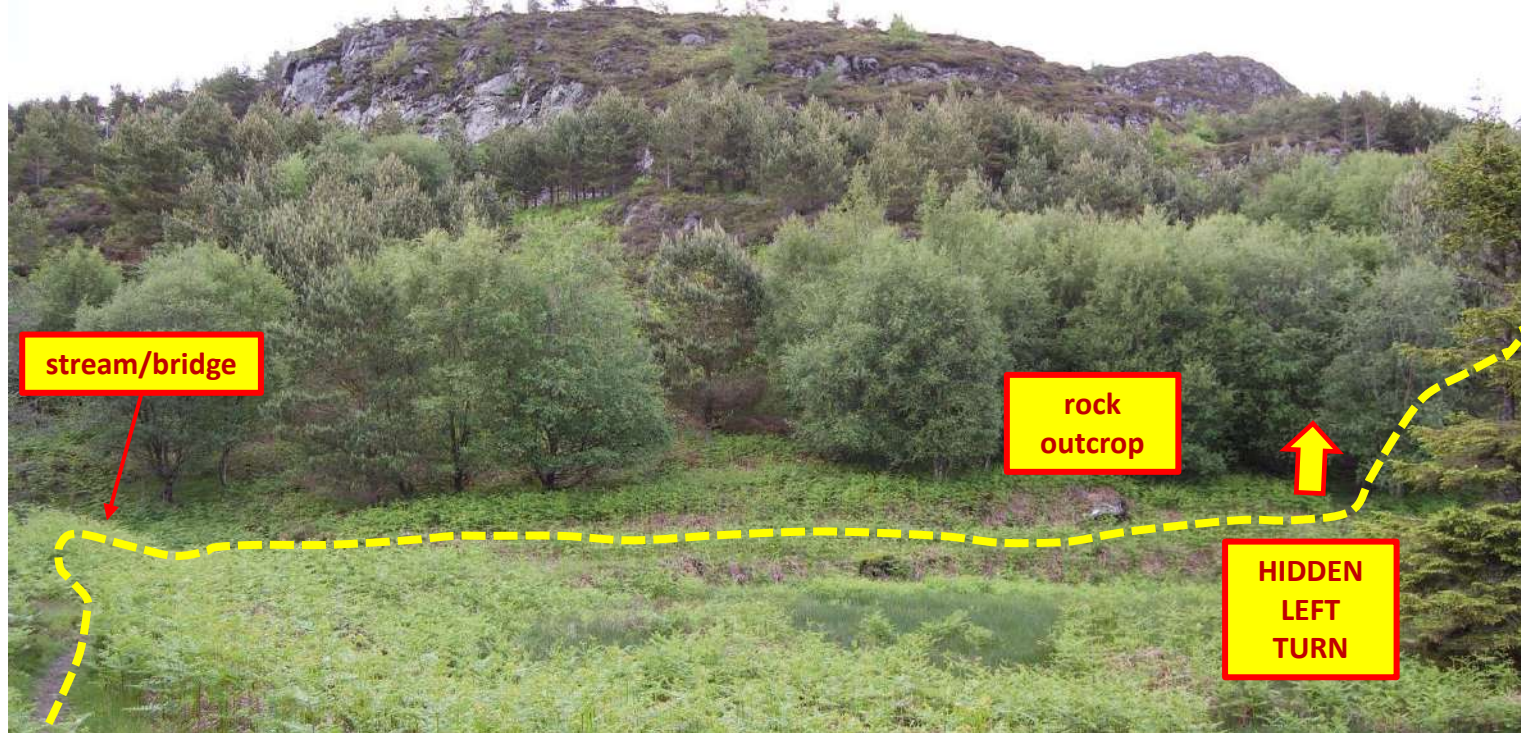
B: 0.66km: as main track/road starts to swing L, small path leads off into trees to R of bend – TAKE THIS PATH

just above L turn at D (for which, see separate sheet) – track climbs steeply, becomes bit faint

C: outbound at 1.33km (and later inbound at 7.5km) signpost “Path to Butterstone 4” – cross main track (slightly R then L) and follow signposted direction on way out

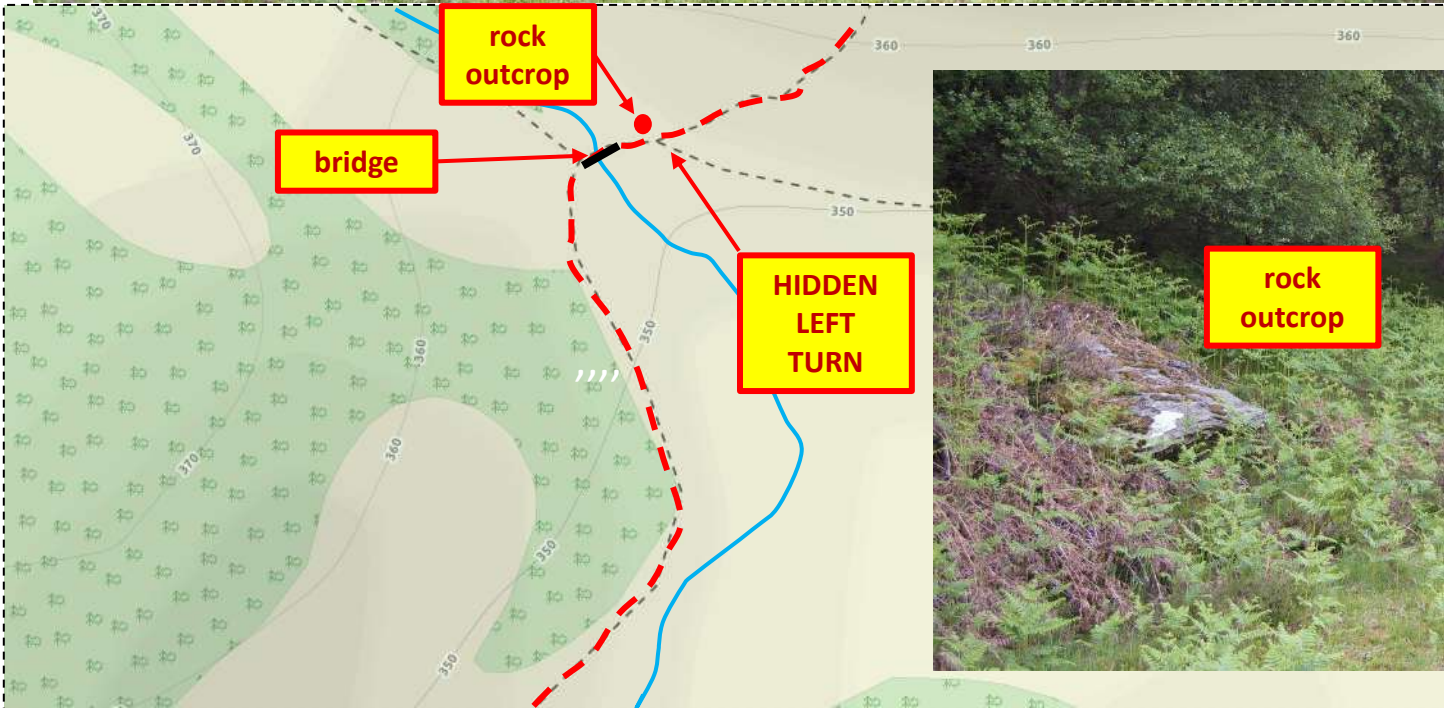


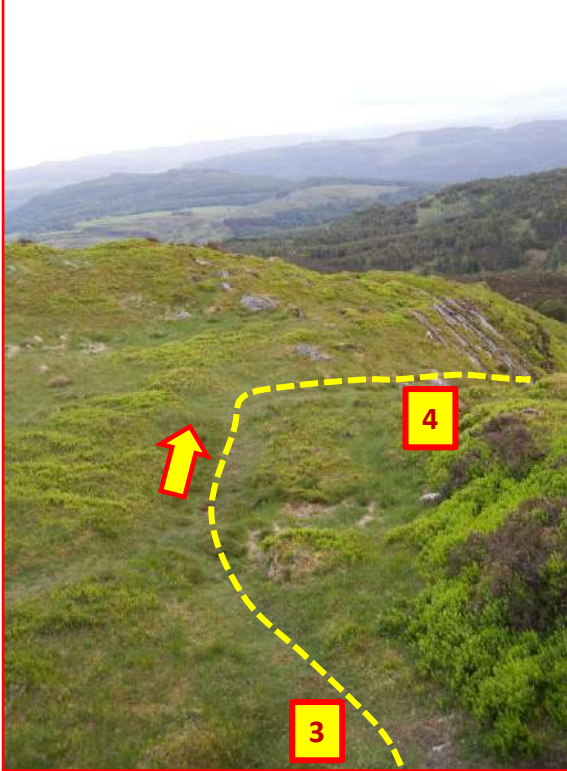
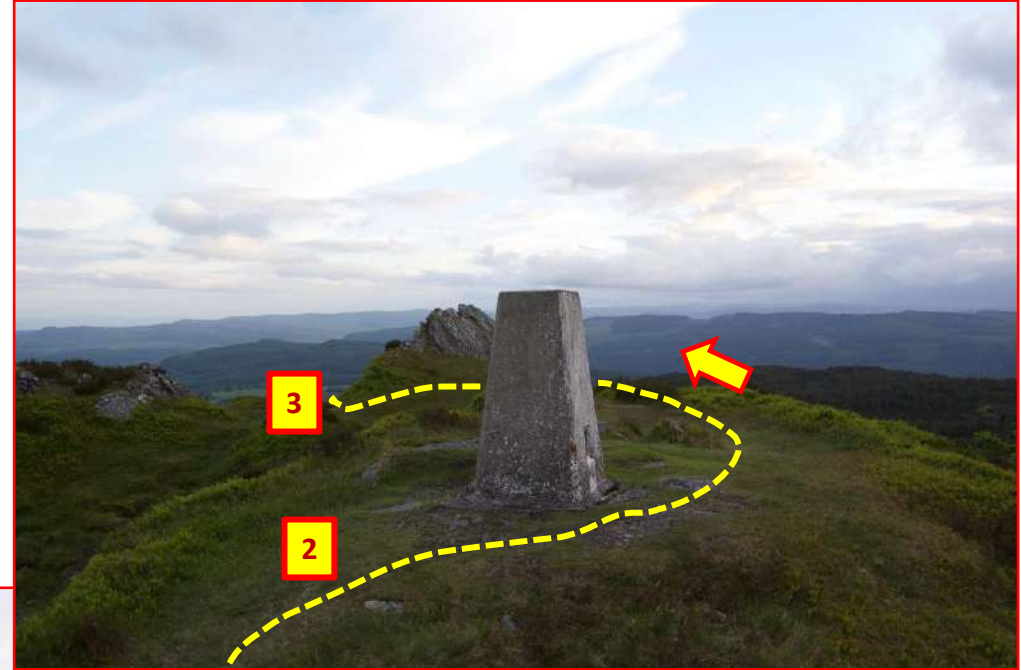
E: 5.14km – turn L after long descent of hill



The tricky hidden LEFT turn at D

- 2.25km from start, track makes a sharpish swing to the L (and in towards the hillside) – see top photo for general view as it does....
- ... then swings R and over bridge/stream. You are 30-40m from the turn....
- ... then passes small rock outcrop on L of track – has obvious white lichen on it. 5-10m to the turn.
- Narrow, slightly scrabbly path heads L off main track (TAKE THIS LEFT) into the trees (see photo lower right), climbing steeply to right towards rocky bracken.
- Path climbs to rocky bracken – then goes straight up – see photo on main photo page.





Negotiating the top (just over 3km from start)

- You approach trig point from below (1) on S side
- You reach trig point (2), at E end of shortish E-W ridge, looking W
- There is an obvious, white-ish, craggy blade of rock 20-30m further W along ridge. The key to the right line off is to pass down to L of this, ie to point 3.
- (there is also a line that traces around its R side, but is less obvious and less easy)
- On dropping to L of rock blade, path becomes obvious and descends, curving gently R to top of a steep, slightly gullied slope (4)
- Path is obvious down here, in line for prominent loch initially.
- Lower down, track veers round to R side of loch, becoming ever better, wider, grassier, flatter and more runnable
- Becomes good grass road shortly before you leave loch shore