

Perth Road Runners



Starting line Runners get ready before setting off on the race. Pic: Caroline Hogarth

Tay Ten race success for runners

Perth Road Runners held their much-anticipated, annual Tay Ten open race on Sunday May 4th, attended by almost 300 runners this year.

This was the 10th edition of the ten-mile race; the course leaves the George Duncan Athletics Arena and circuits the North Inch, then follows the Tay and Almond to Almondbank before retracing its steps to finish on the track.

The race attracts more entrants every year, with runners converging from across Scotland. 285 left the start line at 11am in perfect running conditions: cool, dry and with a very gentle breeze.

Dundee Road Runners (DRR) swept the field of main awards on the day. Marcus Sheridan was first man home in a fine time of 55 mins

and 20 seconds. With teammates also placing third and fourth in the field, the Dundee club also secured an emphatic win in the men's team race. They emerged as ladies' team champions, of whom Mairi Littleton - winner also in 2024 - led home in a time of 1:01:28.

The race offers course record prizes, with four new event bests being set this year by Alison McNeilly (DRR, F40+), Julie Menzies (PH Racing, F50+), David Cross (Edinburgh AC, M60+) and Ann Reed (PRR, F70+). PRR's Duncan Ryan also took the men's 50+ title while the club's Nathan Campbell established a first-time record for the new men's under-20 category.

The Tay Ten is only possible with considerable support from beyond the club: Perth parkrun, Kinross Road Runners, Dundee Road Runners and

PKC all made crucial contributions. The race requires a major planning and volunteering effort from well over seventy club members, joined by a delegation of Police Scotland Youth Volunteers.

The understanding of residents along the course is also much appreciated.

Race planning will now turn to the club's best-known open race, the five-mile Brig Bash, held through and from Bridge of Earn on the evening of Wednesday, July 2.

Perth Road Runners welcomes experienced runners and newcomers alike, meeting on Tuesday evenings at Bells Sports Centre, and on alternate Wednesday/Thursday evenings for track and hill training Full details can be found at www.perthroadrunners.co.uk



On the move Runners head off on the course around the city. Pic: Caroline Hogarth



In action Gareth and Rose of Perth RR. Pic: Peter Bracegirdle



Ready Lorraine and Rose. Pic: Caroline Hogarth



Pounding pavement Perth Road Runners make their way through North Inch. Both pictures by Caroline Hogarth.



Ladies winner Mairi Littleton. Pic: Brian Stewart



First man home Marcus Sheridan of Dundee Road Runners. Pic: Brian Stewart

