

PERTH ROAD RUNNERS

# LARK IN THE DARK

THE FIRST LARK IN THE DARK FOR THIS WINTER WILL TAKE PLACE ON TUESDAY THE 19th OF NOVEMBER AT 6.30pm AT DEUCHNY WOODS. MEET AT JUBILEE CAR PARK, KINNOULL HILL.

THE SAME RULES APPLY AS PREVIOUS YEARS, YOU WILL NEED A TORCH BUT CAN'T HAVE A WATCH.

FOR ANYONE WHO HAS NOT DONE A LARK IN THE DARK, THE ROUTE WILL BE ANYTHING BETWEEN 3ish AND 5ish MILES. THE ROUTE WILL BE MARKED OUT SO YOU DO NOT GET LOST, (HOPEFULLY). THE IDEA IS TO HAVE SOME FUN IN THE WINTER NIGHTS.

ALL WELCOME.

NEIL MUIR

28/10/13