

## Summer Series 2024 - Ladies

posn	runner	PRR age cat	races run (inc TT)	total points	Montrose Parkrun 20th April		Thornhill 10K 5th May		Milnathort Dash 27th June		Falkirk Parkrun 29th June							
					<a href="#">Results Link</a>		<a href="#">Results Link</a>		<a href="#">Results Link</a>		<a href="#">Results Link</a>							
					time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts
1	Lorraine MacPherson	V40	4	199	21:49	50	42:49	50	36:05	49	21:50	50						
2	Maria Dale	V60	4	183	27:21	49	53:27	47	52:57	40	28:40	47						
3	Jenny Shilton	V60	4	169	33:59	45	1:11:02	40	1:00:11	38	34:32	46						
4	Claire Douglas	V50	3	144			49:21	48	39:40	47	23:39	49						
5	Ann Reed	V60	3	138			55:18	46	43:58	44	26:08	48						
6	Ana De Miguel	V50	2	94	29:18	49	58:48	45										
7	Fiona Nethercote	V60	2	88	33:03	46	1:07:53	42										
8	Caroline Hogarth	V40	2	86			1:00:54	44	49:54	42								
9	Sally Newton	V60	2	85	34:55	44	1:10:16	41										
10	Sarah Hammersley	V50	2	84			1:02:21	43	51:38	41								
11	Liz Johnston	V50	1	50					35:12	50								
12	Lou Ella Cole	V40	1	49			47:05	49										
13	Rose Ryan	SEN	1	48					36:56	48								
14	Corrine Main	V60	1	47	29:59	47												
15	Nicola Crowe	V40	1	46					42:00	46								
16	Aga Mroczkowska	SEN	1	45					43:44	45								
17=	Michelle Ridgeway	V40	1	43					45:28	43								
17=	Lindsay Finch	V40	1	43	37:11	43												
19	Eleanor Haig	V40	1	39					54:19	39								

### Notes

- age groups are as used by PRR for the Championship - MS, M40, M50, M60, F50, F40, F50, F60 - thus in 10-yr increments and not the 5-yr gaps often used by the races themselves.
- we only award trophies up to M60 and F60 inclusive; runners in older categories see their category shown in brackets but are eligible only for M60 or F60 silverware.
- age group shown for each athlete is determined by that which applies on date of first race of series - this then applies to the whole series.
- points are awarded on the basis of race finish position and thus on GUN time.
- however, times shown are CHIP time so that runners can use this table to see their true times for the season's races and distances.
- consequently, points awarded may not be in order of time shown.
- total points are amassed from a runner's best SIX scores across the 8 prescribed races.
- points for the East Bank Dash TT will be awarded when the window for attempts closes on 31st August; times so far recorded are shown here for completeness.
- East Bank Dash TT times may feature two listings: a) unitalicised (Strava time, on which the SS points ranking is based unless no Strava time is available) and b) italicised and in brackets (manual time taken at PRR mass attempt).
- runners highlighted in yellow qualify for a SS finishers' medal.
- PNT = points not taken (vests etc).

## Summer Series 2024 - Men

posn	runner	PRR age cat	races run (inc TT)	total points	Montrose Parkrun 20th April		Thornhill 10K 5th May		Milnathort Dash 27th June		Falkirk Parkrun 29th June							
					<a href="#">Results Link</a>		<a href="#">Results Link</a>		<a href="#">Results Link</a>		<a href="#">Results Link</a>							
					time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts
1	Finlay Dale	V60	4	187	31:45	50	01:10:48	48	57:44	40	31:58	49						
2=	Douglas Robertson	V40	3	144	36:59	49	01:14:29	47			37:00	48						
2=	Gordon Lindsay	V60	3	144			44:52	50	40:11	44	23:21	50						
4	Paul Hammersley	V50	2	96			50:11	49	38:48	47								
5	Michael McConnell	SEN	1	50					29:09	50								
6	Duncan Ryan	V50	1	49					32:10	49								
7	Gregor Ryan	SEN	1	48					36:11	48								
8	Grant Wooler	V60	1	46					39:33	46								
9	Richard Hughes	V40	1	45					40:08	45								
10	James Fotheringham	V60	1	43					42:30	43								
11	Peter Ritchie	V60	1	42					48:59	42								
12	Martin MacDonald	V60	1	41					57:08	41								

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