

# Road runners go the distance at awards event

RONNIE GLEN

**Perth Road Runners recently spent a very pleasant evening at the Royal George Hotel celebrating the achievements of members of the club during the 2023 season.**

While enjoying the excellent food and drink on offer, a large array of club trophies - many of which date back to the early years of the club which was formed more than 30 years ago - were awarded for various competitions, fastest times, and other notable achievements throughout 2023.

Jointly collecting the Jean Wainwright Trophy for Most Adventurous Marathon Runner were Lou Ella Cole who raced in South Africa, Kenya and Japan, and Kenneth Stewart who has run every Loch Ness Marathon since the race's inception - a total of 21 appearances!

Trophies are awarded at 10k, half and full marathon distances in various age categories.

Notable achievements include the fastest 10k by a PRR since 2009, James Waldie's superb 32:16 at Glasgow Green, a V45 half marathon club record 1:31:35 at the Great Scottish Run for Lorraine MacPherson, and Stuart Robertson taking the club V40 and V50 records with his inspiring 2:40:43 at the London Marathon (which was also the fastest marathon by a PRR in 2023).

Completion medals were handed out for participation in the cross country season and for the three club race series, with the podium places being awarded engraved glass mementos.

Picking up the 'Hills are Alive' series



**Top honour** Club champions Rhiannon Laing and Elliot Collins

trophies were Paige Brown and Elliot Collins. Summer Series winners were Lou Ella Cole and Elliot Collins.

**“** Lou Ella Cole raced in South Africa, Kenya and Japan and Kenneth has run 21 Loch Ness Marathons **Perth Road Runners**

Lastly, Perth Road Runners Club Champions for 2023 were Rhiannon Laing and Elliot Collins.

The 2024 race season has already started in earnest with the completion of the Cross Country Season at the National Championship race in Falkirk, the Hills Series kicking off at Gartmorn six trail race (Hills Series), and continues with the Club Championship getting underway on Sunday at the Tom Scott 10 Mile race in Strathclyde Park.

Perth Road Runners welcomes experienced runners and newcomers alike, meeting on Tuesday evenings at Bells Sport Centre, and on alternate Wednesdays/Thursdays for track and hill training.