Races used for PRR Championship, 2013 onwards

		2023	
1	Alloa	12/03/2023	Half Marathon
2	Cupar 5M	18/03/2023	5M
3	Grangemouth RTH	16/04/2023	10K
4	Babcock 10K (Scottish Champs), Glasgow	14/05/2023	10K
5	Blairgowrie	04/06/2023	Half Marathon
6	Kirkcaldy parkrun	01/07/2023	5K
7	Cumbrae	30/07/2023	10M
8	Forfar	20/08/2023	10K
9	Braemar	10/09/2023	Half Marathon
10	Clova	11/11/2023	Half Marathon
short spare 1	Scottish 10K, Musselburgh	24/09/2023	10K
short spare 2	Giffordtown 5K	08/10/2023	5K
long spare 1	Path of Condie	28/10/2023	Half Marathon
long spare 2	Templeton Ten	05/11/2023	Half Marathon
spare for Clova	Tillicoultry 10K	27 or 28/11/23	10K
		2022	
1	Inverness Half	13/03/2022	Half Marathon
2	Tom Scott Memorial 10 miles	03/04/2022	10 Mile
3	Run Balmoral 10K	23/04/2022	10K
4	Loch Leven Half	14/05/2022	Half Marathon
5	Dunblane 12km	29/05/2022	other (12K)
6	Perth parkrun 5km	04/06/2022	5K
7	Killin 10km	27/08/2022	10K
8	Linlithgow 10K	25/09/2022	10K
9	Templeton Ten	06/11/2022	10 Mile
10	Brampton-Carlisle	20/11/2022	10 Mile
spare, not used	(short 2) Giffordtown 5K	02/10/2022	5K
	short snare 1 used. Gle	nrothes 10K (19 June) cancelled	

short spare 1 used, Glenrothes 10K (19 June) cancelled long spare 1 used, Stonehaven HM (3rd July) cancelled long spare 2 used, Braemar Half (11 Sep) postponed - death of Queen

		2020 (aborted after 2 races, COVID-19)	
1	Cupar 5 miles	Sat 7 March	5 mile
2	Balloch to Clydebank	Sun 15 March	Half Marathon
3	Declaration of Arbroath	Sat 11 April	Half Marathon
4	Strathclyde Parkrun	Sat 16 May	5K
5	Rattray Blair Half	Sun 7 June	Half Marathon
6	Glenrothes	Sun 21 June	10K
7	Ballater 10	Sun 26 July	10 Mile
8	Go Ayr	Sat 29 Aug	Half Marathon
9	Cumbernauld	Sun 20 Sept	10K
10	Kinnord	Sun 18 Oct	10K
spare	Templeton 10	Early Nov	10 Mile
spare	Jimmy Irvine Bella	Sun 15 Nov	10K

		2019	
1	Inverness Half	Sun 10 March	Half Marathon
2	Tom Scott Memorial 10 miles	Sun 31 March	10 Mile
3	Kinross 10K	Thurs 25th April	10K
4	Self Transcendence 5K, Edbug	Fri 3rd May	5K
5	St Cyrus 10K	Sun 9 June	10K
6	Isle of Mull Half	Sat 27 July	Half Marathon
7	Perth Half	Sat 10 August	Half Marathon
8	Cumbernauld 10K	Sun 15 Sept	10K
9	Linlithgow 10K	Sun 6 Oct	10K
10	Auchterarder Half	Sun 3 Nov	Half Marathon
spares	not known		
		2018	
1	Loch Katrine half marathon	18th March	Half Marathon
2	Round the Houses 10k	8th April	10K
3	Dunblane 12K	27th May	other (12K)
4	Rattray Blair Half	3rd June	Half Marathon
5	Ballater 10 miles	29th July	10 Mile
6	Ceres 8	14th August	other (8 miles)
7	Highland Perthshire Half	1st August	Half Marathon
8	Stirling 10K	9th September	10K
9	Giffordtown 5k	7th October	5K
10	Path of Condie half marathon	27th October	Half Marathon
spares	not known		
		2017	
1	Newtonmore 10 miles	18th March	10 Mile
2	Kinross 10K	27th April	10K
3	Self Transcendence 5K, Edbug	5th May	5K
4	Loch Leven Half	14th May	Half Marathon
5	Rattray Blair Half	4th June	Half Marathon
6	Forfar 10K	20th August	10K
7	Cumbrae 10 miles	10th September	10 Mile
8	East Neuk 10K	24th September	10K
9	Jedburgh Half	29th October	Half Marathon
10	Templeton 10 miles	5th November	10 Mile
spares	not known		22

		2016	
1	Alloa Half	20th March	Half Marathon
2	Round the Houses 10K	10th April	10K
3	Kinross 10K	28th April	10K
4	Loch Leven Half	14th May	Half Marathon
5	Strathallan 5 miles	11th June	5 miles
6	Sheriffmuir 11 miles	14th August	other (11 miles)
7	Braemar Half	11th Sept	Half Marathon
8	Pitlochry 10K	18th Sept	10K
9	Path of Condie Half	29th Oct	Half Marathon
10	Jimmy Irvine Bella 10K	13th Nov	10K
spares	not known		
•			
		2015	
1	Inverness Half	8th March	Half Marathon
2	Garioch Half	22nd March	Half Marathon
3	Kinross 10K	30th April	10K
4	Monikie 10K	10th May	10K
5	Isle of Skye Half	13th June	Half Marathon
6	Glenrothes 10K	21st June	10K
7	Forfar 10K	23rd August	10K
8	Barry Budden (Angus) Half	30th August	Half Marathon
9	Braemar Half	13th September	Half Marathon
10	Templeton 10 miles	1st November	10 Mile
spares	not known		
		2014	
1	Blairgowrie New Year Race	2014 1st lan	other
1	Blairgowrie New Year Race	1st Jan	other 5 Mile
2	Cupar 5 5m	1st Jan 1st March	5 Mile
2	Cupar 5 5m Newtonmore 10m	1st Jan 1st March 22nd March	5 Mile 10 Mile
2 3 4	Cupar 5 5m Newtonmore 10m Loch Leven half marathon	1st Jan 1st March 22nd March 10th May	5 Mile 10 Mile Half Marathon
2 3 4 5	Cupar 5 5m Newtonmore 10m Loch Leven half marathon Stonehaven half marathon	1st Jan 1st March 22nd March 10th May 6th July	5 Mile 10 Mile Half Marathon Half Marathon
2 3 4 5 6	Cupar 5 5m Newtonmore 10m Loch Leven half marathon Stonehaven half marathon Crieff 10k	1st Jan 1st March 22nd March 10th May 6th July 13th July	5 Mile 10 Mile Half Marathon Half Marathon 10K
2 3 4 5 6 7	Cupar 5 5m Newtonmore 10m Loch Leven half marathon Stonehaven half marathon Crieff 10k Mull half marathon	1st Jan 1st March 22nd March 10th May 6th July 13th July 10th August	5 Mile 10 Mile Half Marathon Half Marathon 10K Half Marathon
2 3 4 5 6 7 8	Cupar 5 5m Newtonmore 10m Loch Leven half marathon Stonehaven half marathon Crieff 10k Mull half marathon Perth 10k	1st Jan 1st March 22nd March 10th May 6th July 13th July 10th August 31st August	5 Mile 10 Mile Half Marathon Half Marathon 10K Half Marathon 10K
2 3 4 5 6 7 8 9	Cupar 5 5m Newtonmore 10m Loch Leven half marathon Stonehaven half marathon Crieff 10k Mull half marathon Perth 10k Pitlochry 10k	1st Jan 1st March 22nd March 10th May 6th July 13th July 10th August 31st August	5 Mile 10 Mile Half Marathon Half Marathon 10K Half Marathon 10K 10K
2 3 4 5 6 7 8	Cupar 5 5m Newtonmore 10m Loch Leven half marathon Stonehaven half marathon Crieff 10k Mull half marathon Perth 10k	1st Jan 1st March 22nd March 10th May 6th July 13th July 10th August 31st August	5 Mile 10 Mile Half Marathon Half Marathon 10K Half Marathon 10K
2 3 4 5 6 7 8 9	Cupar 5 5m Newtonmore 10m Loch Leven half marathon Stonehaven half marathon Crieff 10k Mull half marathon Perth 10k Pitlochry 10k Aviemore half marathon	1st Jan 1st March 22nd March 10th May 6th July 13th July 10th August 31st August 21st September 12th October	5 Mile 10 Mile Half Marathon Half Marathon 10K Half Marathon 10K 10K
2 3 4 5 6 7 8 9 10 spares	Cupar 5 5m Newtonmore 10m Loch Leven half marathon Stonehaven half marathon Crieff 10k Mull half marathon Perth 10k Pitlochry 10k Aviemore half marathon not known	1st Jan 1st March 22nd March 10th May 6th July 13th July 10th August 31st August 21st September 12th October	5 Mile 10 Mile Half Marathon Half Marathon 10K Half Marathon 10K 10K Half Marathon
2 3 4 5 6 7 8 9 10 spares	Cupar 5 5m Newtonmore 10m Loch Leven half marathon Stonehaven half marathon Crieff 10k Mull half marathon Perth 10k Pitlochry 10k Aviemore half marathon not known Alloa half marathon	1st Jan 1st March 22nd March 10th May 6th July 13th July 10th August 31st August 21st September 12th October	5 Mile 10 Mile Half Marathon Half Marathon 10K Half Marathon 10K 10K Half Marathon
2 3 4 5 6 7 8 9 10 spares	Cupar 5 5m Newtonmore 10m Loch Leven half marathon Stonehaven half marathon Crieff 10k Mull half marathon Perth 10k Pitlochry 10k Aviemore half marathon not known Alloa half marathon Newtonmore 10m	1st Jan 1st March 22nd March 10th May 6th July 13th July 10th August 31st August 21st September 12th October	5 Mile 10 Mile Half Marathon Half Marathon 10K Half Marathon 10K 10K Half Marathon
2 3 4 5 6 7 8 9 10 spares	Cupar 5 5m Newtonmore 10m Loch Leven half marathon Stonehaven half marathon Crieff 10k Mull half marathon Perth 10k Pitlochry 10k Aviemore half marathon not known Alloa half marathon Newtonmore 10m Loch Leven half marathon	1st Jan 1st March 22nd March 10th May 6th July 13th July 10th August 31st August 21st September 12th October 2013 17th March 23rd March 11th May	5 Mile 10 Mile Half Marathon 10K Half Marathon 10K 10K Half Marathon 10K 10K 10K Half Marathon
2 3 4 5 6 7 8 9 10 spares	Cupar 5 5m Newtonmore 10m Loch Leven half marathon Stonehaven half marathon Crieff 10k Mull half marathon Perth 10k Pitlochry 10k Aviemore half marathon not known Alloa half marathon Newtonmore 10m Loch Leven half marathon Dundee half marathon	1st Jan 1st March 22nd March 10th May 6th July 13th July 10th August 31st August 21st September 12th October 2013 17th March 23rd March 11th May 21st July	5 Mile 10 Mile Half Marathon Half Marathon 10K Half Marathon 10K 10K Half Marathon Half Marathon
2 3 4 5 6 7 8 9 10 spares	Cupar 5 5m Newtonmore 10m Loch Leven half marathon Stonehaven half marathon Crieff 10k Mull half marathon Perth 10k Pitlochry 10k Aviemore half marathon not known Alloa half marathon Newtonmore 10m Loch Leven half marathon Dundee half marathon Ballater 10m	1st Jan 1st March 22nd March 10th May 6th July 13th July 10th August 31st August 21st September 12th October 2013 17th March 23rd March 11th May 21st July 28th July	5 Mile 10 Mile Half Marathon Half Marathon 10K Half Marathon 10K 10K Half Marathon Half Marathon 10 Mile Half Marathon Half Marathon Half Marathon
2 3 4 5 6 7 8 9 10 spares	Cupar 5 5m Newtonmore 10m Loch Leven half marathon Stonehaven half marathon Crieff 10k Mull half marathon Perth 10k Pitlochry 10k Aviemore half marathon not known Alloa half marathon Newtonmore 10m Loch Leven half marathon Dundee half marathon Ballater 10m Perth 10K 10k	1st Jan 1st March 22nd March 10th May 6th July 13th July 10th August 31st August 21st September 12th October 2013 17th March 23rd March 11th May 21st July 28th July 25th August	5 Mile 10 Mile Half Marathon Half Marathon 10K Half Marathon 10K 10K Half Marathon Half Marathon 10 Mile Half Marathon Half Marathon Half Marathon Half Marathon Half Marathon Half Marathon
2 3 4 5 6 7 8 9 10 spares	Cupar 5 5m Newtonmore 10m Loch Leven half marathon Stonehaven half marathon Crieff 10k Mull half marathon Perth 10k Pitlochry 10k Aviemore half marathon not known Alloa half marathon Newtonmore 10m Loch Leven half marathon Dundee half marathon Ballater 10m Perth 10K 10k Stirling 10K 10k	1st Jan 1st March 22nd March 10th May 6th July 13th July 10th August 31st August 21st September 12th October 2013 17th March 23rd March 11th May 21st July 28th July 25th August 15th Sep	5 Mile 10 Mile Half Marathon Half Marathon 10K Half Marathon 10K 10K Half Marathon Half Marathon 10 Mile Half Marathon Half Marathon 10 Mile 10K 10K
2 3 4 5 6 7 8 9 10 spares 1 2 3 4 5 6 7 8	Cupar 5 5m Newtonmore 10m Loch Leven half marathon Stonehaven half marathon Crieff 10k Mull half marathon Perth 10k Pitlochry 10k Aviemore half marathon not known Alloa half marathon Newtonmore 10m Loch Leven half marathon Dundee half marathon Ballater 10m Perth 10K 10k Stirling 10K 10k Giffordtown 5k	1st Jan 1st March 22nd March 10th May 6th July 13th July 10th August 31st August 21st September 12th October 2013 17th March 23rd March 11th May 21st July 28th July 25th August 15th Sep 6th Oct	5 Mile 10 Mile Half Marathon Half Marathon 10K Half Marathon 10K 10K Half Marathon Half Marathon 10 Mile Half Marathon Half Marathon Half Marathon 10 Mile 10K 10K 5K
2 3 4 5 6 7 8 9 10 spares	Cupar 5 5m Newtonmore 10m Loch Leven half marathon Stonehaven half marathon Crieff 10k Mull half marathon Perth 10k Pitlochry 10k Aviemore half marathon not known Alloa half marathon Newtonmore 10m Loch Leven half marathon Dundee half marathon Ballater 10m Perth 10K 10k Stirling 10K 10k Giffordtown 5k Templeton Woods 10m	1st Jan 1st March 22nd March 10th May 6th July 13th July 10th August 31st August 21st September 12th October 2013 17th March 23rd March 11th May 21st July 28th July 25th August 15th Sep	5 Mile 10 Mile Half Marathon Half Marathon 10K Half Marathon 10K 10K Half Marathon Half Marathon 10 Mile Half Marathon Half Marathon 10 Mile 10K 10K
2 3 4 5 6 7 8 9 10 spares	Cupar 5 5m Newtonmore 10m Loch Leven half marathon Stonehaven half marathon Crieff 10k Mull half marathon Perth 10k Pitlochry 10k Aviemore half marathon not known Alloa half marathon Newtonmore 10m Loch Leven half marathon Dundee half marathon Ballater 10m Perth 10K 10k Stirling 10K 10k Giffordtown 5k	1st Jan 1st March 22nd March 10th May 6th July 13th July 10th August 31st August 21st September 12th October 2013 17th March 23rd March 11th May 21st July 28th July 25th August 15th Sep 6th Oct	5 Mile 10 Mile Half Marathon Half Marathon 10K Half Marathon 10K 10K Half Marathon Half Marathon 10 Mile Half Marathon Half Marathon Half Marathon 10 Mile 10K 10K 5K