

The Hills Are Alive 2023 - Ladies

posn	runner	PRR age cat	races run	total points	Devilla trail 15 12 Feb		Deuchary Hill Race 2 April		Newtyle Hill Race 19 April		Kinnoull Hill Race 18 May		Pitmedden PRR trail 14 June		Ben Vrackie PRR 18 July		PRR vs KRR mob match 23 August		Falkland trail race 3 Sept	
					time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts
1	Paige Brown	FS	2	100	1:07:53	50	1:56:15	50												
2	Fiona Manson	F50	2	95	1:23:08	46	2:24:28	49												
3	Lisa Aikman	FS	1	49	1:15:58	49	-	-												
4	Kristen Bain	FS	1	48	1:17:45	48	-	-												
5	Erni Hamilton	F50	1	47	1:19:05	47	-	-												
6	Kate Cowan	F50	1	45	1:32:32	45	-	-												
7	Sue Jones	F50	1	44	1:32:33	44	-	-												
8	Cath Livingstone	F50	1	43	1:41:21	43	-	-												

Notes

- age groups are as used by PRR for the Championship - MS, M40, M50, M60, FS, F40, F50, F60 - thus in 10-yr increments and not the 5-yr gaps often used by the races themselves.
- we only award trophies up to M60 and F60 inclusive; runners in older categories see their category shown in brackets but are eligible only for M60 or F60 silverware.
- age group shown for each athlete is determined by that which applies on date of first race of series - this then applies to the whole series.
- points are awarded on the basis of race finish position and thus on GUN time.
- however, times shown are CHIP time so that runners can use this table to see their true times for the season's races and distances.
- consequently, points awarded may not be in order of time shown.
- total points are amassed from a runner's best SIX scores across the 8 prescribed races.

The Hills Are Alive 2023 - Men

posn	runner	PRR age cat	races run	total points	Devilla trail 15k 12 Feb		Deuchary Hill Race 2 April		Newtyle Hill Race 19 April		Kinnoull Hill Race 18 May		Pitmedden PRR trail 14 June		Ben Vrackie PRR 18 July		PRR vs KRR mob match 23 August		Falkland trail race 3 Sept	
					time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts
1	Elliot Collins	MS	2	98	59:46	49	1:37:30	49												
2	James Fotheringham	M50	2	96	1:01:59	48	1:44:42	48												
3	Kenny Cairns	M40	2	92	1:10:38	45	1:44:50	47												
4	Stewart Reid	M40	2	90	1:10:42	44	1:53:25	46												
5=	Dean Abberley	MS	2	86	1:13:02	42	2:19:11	44												
5=	Charles Woodhead	M50	2	86	1:13:17	41	2:11:24	45												
7=	James Waldie	MS	1	50	51:59	50	-	-												
7=	Michael McConnell	MS	1	50	-	-	1:32:14	50												
9	Kevin Rogers	M40	1	47	1:05:08	47	-	-												
10	Mark Crawford	M50	1	46	1:08:44	46	-	-												
11=	Mike Dales	M60	1	43	-	-	2:32:38	43												
11=	Brian Galletly	M50	1	43	1:12:39	43	-	-												
13	Paul Grace	M50	1	40	1:16:13	40	-	-												
14	David Stokoe	M50	1	39	1:24:48	39	-	-												
15	Gregor Wells	M40	1	38	1:29:12	38	-	-												
16	Robin Livingstone	M60	1	37	1:41:23	37	-	-												

Notes

- age groups are as used by PRR for the Championship - MS, M40, M50, M60, FS, F40, F50, F60 - thus in 10-yr increments and not the 5-yr gaps often used by the races themselves.
- we only award trophies up to M60 and F60 inclusive; runners in older categories see their category shown in brackets but are eligible only for M60 or F60 silverware.
- age group shown for each athlete is determined by that which applies on date of first race of series - this then applies to the whole series.
- points are awarded on the basis of race finish position and thus on GUN time.
- however, times shown are CHIP time so that runners can use this table to see their true times for the season's races and distances.
- consequently, points awarded may not be in order of time shown.
- total points are amassed from a runner's best SIX scores across the 8 prescribed races.