

The Hills Are Alive 2022 - Ladies

posn	runner	PRR age cat	total points	Birnam Hill Race		Newtyle Hill Race		PRR Kinnoull Hill Race		Falkland Hill Trail Race		PRR Ben Vrackie race		Deuchary Hill Strava TT	
				time	pts	time	pts	time	pts	time	pts	time	pts	time	pts
1	Lynn Gatherer	F35	100	44:04	100										
2	Lisa Aikman	FS	80	48:36	80										
3	Fiona Manson	F45	70	52:35	70										
4	Sue Jones	F45	62	57:14	62										

The Hills Are Alive 2022 - Men

posn	runner	PRR age cat	total points	Birnam Hill Race		Newtyle Hill Race		PRR Kinnoull Hill Race		Falkland Hill Trail Race		PRR Ben Vrackie evening		Deuchary Hill Strava TT	
				time	pts	time	pts	time	pts	time	pts	time	pts	time	pts
1	Stephen Andrew	M5	100	34:40	100										
2	Kenny Cairns	M40	80	42:03	80										
3	Mike Dales	M60	70	46:54	70										

- age groups are as used by PRR for our Champs - M5, M40, M50, M60, FS, F35, F45, F55 - thus in 10-yr increments and not the 5-yr gaps often used by the races themselves.

- age group shown for each athlete is determined by that which applies on date of first race of series - this then applies to the whole series.

- points are awarded on the basis of race finish position and thus on GUN time.

- however, times shown are CHIP time so that runners can use this table to see their true times for the season's races and distances.

- consequently, points awarded may not be in order of time shown.

- total points are amassed from a runner's best FIVE scores across the six prescribed races.