

# HARTLEY CUP RELAYS 2013

## RACE INFORMATION

**Forfar Loch Country Park**  
**Sun 17 Nov 2013 – 11am Start**



- **Race Registration:** 9.30-10.30 am @ Strathmore Rugby Club, Inchmacoble, Forfar, DD8 1RL. All teams must register on race morning. Changing facilities and toilets will be available in the club house.
- **Race Start** will be at 11 am at the loch side path in front of the Rugby Club.
- **Parking** will be available at the Rugby Club and nearby. Race marshals will direct the parking. Please car share where possible.

### Race Format

- Relay race for teams of 6 (Men) or 5 (Women / Mixed / Juniors).
- Race comprises 12 laps (Men) or 10 (Women / Mixed / Juniors 13-17) each runner running twice (non-consecutive laps). Junior 12-and-under teams will run 5 laps, with each runner running a single lap.
- Race route is roughly 1 mile long and follows paths along the loch side and through woodland. The route is flat and on decent paths/trails. Trail shoes are recommended but road shoes would also be suitable.
- As usual, each team will record its own lap and cumulative times (forms will be provided). Each team will be given a baton to exchange between laps.

### Team Categories

- **Men** (6 runners)
- **Women** (5 runners)
- **Mixed** (5 runners, minimum of 2 women)
- **Junior 12 and under** (5 runners, age 12 and under, male or female in any combination).
- **Junior 13 - 17** (5 runners, age over 12 and under 18, male or female in any combination). Parental (or guardian's) written permission will also be required for all juniors **under the age of 16** that are taking part (see attached form).
- Each club may enter as many teams as they like.

The prize giving and post-race feed will take place in the club house directly following the race. There will also be a licensed bar which will be open from 1pm onwards. Please can the current trophy holders make sure that these are returned to race registration on the morning of the race.

### Team Entry

Entries will be taken on the day, only. Please complete the attached entry form for each team and provide to organisers at race registration by 10.30am at the latest. **Entry forms must be accompanied by a separate parental permission form for each junior runner under the age of 16.**

**Please could each club confirm by Friday 25<sup>th</sup> October how many teams they will be entering into each category.** Team numbers and queries to Brian Bonnyman:

[b.bonnyman@mac.com](mailto:b.bonnyman@mac.com) We look forward to seeing you all in Forfar on the 17th November!

# HARTLEY CUP RELAYS 2013 ENTRY FORM



All runners must read and sign the following declaration. Completed forms should be submitted at registration on race morning. Registration is from 9.30 to 10.30am at the Strathmore Rugby Club.

Parental or Guardian's permission must also be provided in writing on the attached form for any Junior runners under the age of 16 on race day and submitted with the declaration to registration on race morning. Without this, runners under 16 years of age will not be allowed to compete. Please can Team Captains ensure such permission is secured for all such runners in advance of race day.

CLUB/TEAM NAME .....

CATEGORY (Circle one):            MALE            FEMALE            MIXED

   JUNIOR (Age 12 and under)            JUNIOR (Age 13-17)

I fully understand that I enter this race at my own risk and that the organisers will not be liable for any injury before, during or after the event. I declare that I am physically fit and waive and renounce any rights and claims for damages I may have against the organisers for any loss/injury as a result of my participation in this event.

	PRINT NAME	SIGNATURE	DATE
1			
2			
3			
4			
5			
6	MALE TEAMS ONLY		

# HARTLEY CUP RELAYS 2013 PARENTAL / GUARDIAN'S PERMISSION FORM



Parental or Guardian's permission must be provided in writing on this form for any Junior runners **under the age of 16** on race day and submitted with the declaration to registration on race morning. Without such permission Junior runners will not be allowed to compete.

Child's Name .....

Date of Birth .....

Club / Team .....

- **I agree to my son / daughter taking part in the Hartley Cup Relay race as described on the Race Information and Entry Form.**
- **I confirm to the best of my knowledge that my son/ daughter does not suffer from any medical condition that might prevent him / her competing, safely, in this event.**
- **I understand that the organisers accept no responsibility for loss, damage or injury caused by participation in this event and renounce any rights and claims for damages I may have against the organisers for any loss/injury sustained by my son / daughter as a result of his / her participation in it.**

Parent / Guardian's Name .....

Signature .....

Date .....