

Perth & Kinross Sports Council

10k Race



Sunday 30 August 2009
(commencing 11.00 am)






Open to girls and boys over 15 (on day of race)

How to Enter

To enter, please complete the Entry Form overleaf and send it with your entrance fee (*cheques made payable to Perth & Kinross Council*) and a C5 stamped addressed envelope to:

Sports Council Administrator
Education & Childrens Services
Perth & Kinross Council
Blackfriars Development Centre
North Port
PERTH PH1 5LU



The closing date for postal entries will be Friday 21 August 2009. If you require confirmation of receipt of your entry, please also enclose a stamped addressed postcard.

Entries for the 10k Race will also be accepted on the day of the race.

This is your chance to enter the 2009 10k Race to be held in Perth on Sunday 30 August.

Whatever your age or ability, whether you are a recreational, club or competitive runner then this event is for you. Starting at the George Duncan Athletics Track, the route goes round the back of Jeansfield Swifts stadium, down to the North Inch, round the North Inch twice and back to the Athletics Track.



All 10k competitors will receive a Finishers Pack after the race, including race souvenir and various refreshments.

The Prizes

There will be trophies for first, second and third in the following categories:

- *Male*
- *Female*
- *Local Male*
- *Local Female*
- *Vet Male (35+)*
- *Vet Female (35+)*
- *Super Vet Male (55+)*
- *Super Vet Female (55+)*

Race Entry Form

Applicant Details

Name _____

Address _____

Daytime Tel _____ Date of Birth _____

Gender (please tick)

Male

Female

Athletic/Running Club Name _____ Fee Enclosed _____

Are you a member of Athletics Scotland (please tick) Yes No

Athletics Scotland Membership No _____

Anticipated Finishing Time _____ Previous 10k Time _____

Member of SAF £6

Non-Member £8

Entry on the day £10

I waive any rights and claims against the organisers for any loss/injury as a result of participating in the event.

Signed _____ Date _____

Parent/Guardian signature (if under 16) _____

Any enquiries please contact Katja Stock on 01738 477851. Send your entrance fee (cheques made payable to Perth & Kinross Council) and a C5 SAE to: Sports Council Administrator, Education & Childrens Services, Perth & Kinross Council, Blackfriars Development Centre, North Port, PERTH PH1 5LU

If you or someone you know would like a copy of this document in another language or format, (on occasion, only a summary of the document will be provided in translation), this can be arranged by contacting ***** on 01738 *****.



Council Text Phone Number
01738 442573

All Council Services can offer a telephone translation facility

Data Protection Act 1998

In terms of the Data Protection Act 1998, you are entitled to know what personal information Perth & Kinross Council hold about you, on payment of a fee of £10. Application should be made to the Executive Director (Education & Children's Services), Education & Children's Services, Perth & Kinross Council, Pullar House, 35 Kinnoull Street, PERTH PH1 5GD.